

# 2023/24

## People living in aged residential care

**33,060\*** New Zealanders live in aged residential care.

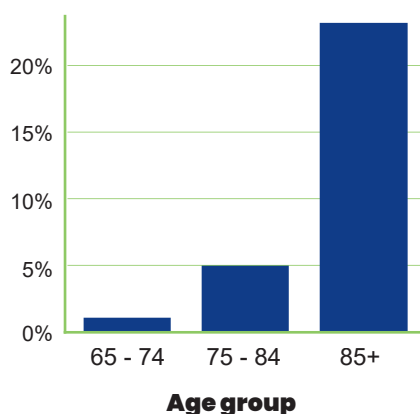
**5.7%** of residents in aged care identify as Māori.

**2.3%** of residents in aged care identify as Pacific people.

**84** is the average age of first assessment in aged residential care.

\*Aged Residential Care Bed Survey June 2024.

### Percentage of population living in care by age



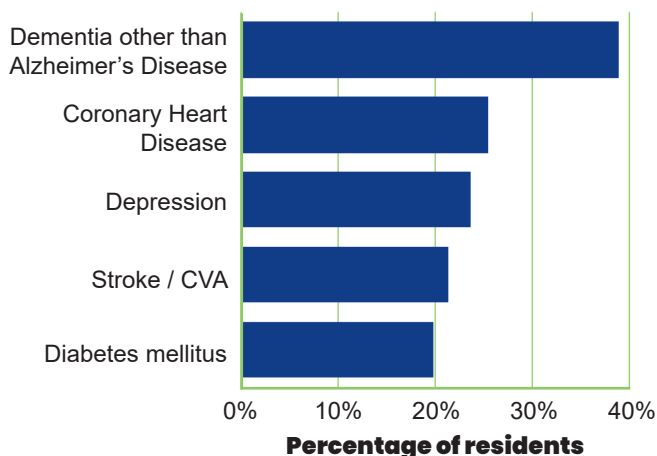
**50%** have participated in social activities of long-standing interest in the past week.

**70%** spend some or most of their time involved in activities.

**91%** react positively to interactions initiated by others.

**92%** of residents have strong and supportive family and relationships.

### Top 5 disease diagnoses



Throughout New Zealand, assessors in districts and in aged residential care facilities use the standardised interRAI assessment instrument to help determine which level of support is required for clients and residents over 65 years old. The data is then aggregated to provide information at provider, regional and national level.

This analysis is based on **88,487** Long Term Care Facilities (LTCF) assessments of people living in aged residential care in New Zealand.



For more data about the health of older people, visit [interRAI.co.nz/data](https://interRAI.co.nz/data)

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