



# interRAI Informer

Your update on interRAI in New Zealand Issue 10 – 7 April 2017

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Welcome to the regular news updates from interRAI New Zealand, sharing information for services that lead to better health outcomes.

## News from interRAI Services

### Quality Indicators

Assessors have been using data from interRAI assessments for a few years now to make recommendations for individuals and their care. The next step is to use the aggregated data from all assessments, in an aged residential care (ARC) facility, or within a DHB, and use this data for Quality Indicators to better understand service performance and identify areas to improve quality. Any potential problems identified can prompt quality initiatives as a preventative or corrective measure.

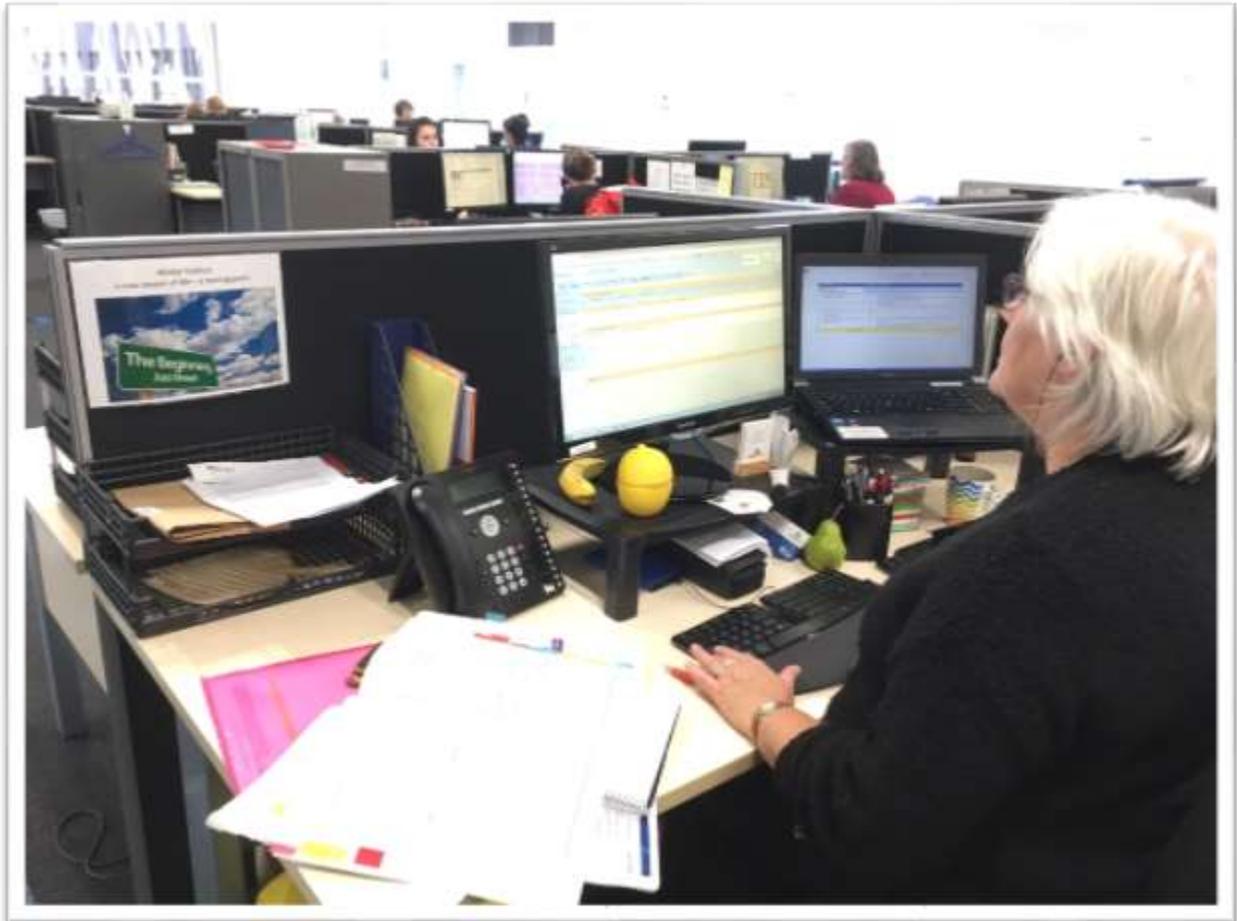
Initially, interRAI Services will carefully and extensively test the calculations that create the indicators using the assessment information in the database, taking into account results from similar projects in other countries, like the US and Canada, before discussing with providers any way quality indicators can be distributed or used.

Overseas experience has shown that when longitudinal data is available from the routine use of interRAI assessments, it is possible to monitor quality of care and to evaluate the impact of policy decisions on the quality of care.

We will keep you up-to-date on progress and please contact us at [interrai@dhbsharingservices.health.nz](mailto:interrai@dhbsharingservices.health.nz) if you would like to know more.

## TAS Wellington has moved

The TAS head office in Wellington has moved to new premises, located at **69 Tory Street, Wellington**. Phone numbers and PO Box number remain the same. Currently builders are putting the final touches on our new conference centre Front+Centre in the new building.



At the new office

## Lessons learned report

The independent report about the introduction of interRAI in the Aged Residential Care sector, and our response to the report, are available on the interRAI website.

- Download the report '[Lessons learned from the introduction of Comprehensive Clinical Assessment \(interRAI\) in Aged Residential care \(2011-2015\) – a post project review](#)' (PDF)
- Download [interRAI New Zealand's response](#) (PDF)

## Implementing the InterRAI Palliative Care Assessment tool

We are on track to implement the interRAI Palliative Care Assessment tool for use by competent Home Care assessors. The project team is working on a communications plan, reviewing the training workbook and documents, and developing a new Client Summary Report for Palliative Care assessments.

Some of the benefits of the Palliative Care assessment instead of the Home Care assessment for this group of clients are:

- It is fit for purpose and focuses on the needs specific to palliative clients.
- Acceptable to assessors, generally taking less time to complete, and during the pilot was adapted easily into current DHB models of care.
- Helps improve the quality of care and support for clients with a palliative care diagnosis.
- DHBs will be able to share common language, common clinical concepts and use common measures for this client group.
- Palliative Care population data will be available to inform service delivery and quality initiatives at local, regional and national levels.

The interRAI Education and Support service is planning to offer Palliative Care assessment training mid-late this year via a two hour webinar. Trainees will be required to have their Advance Care Plan training (level one) completed before they attend.

- [More about Advance Care Planning training on the Advance Care Planning website](#)

## Palliative Care Action Plan

In related news, the Ministry of Health has recently published a Palliative Care Action Plan. Read the summary and download the plan [from the Ministry of Health website](#).

## interRAI New Zealand at ACE Forum in Brisbane

interRAI New Zealand was well represented at the Global Acute Care Excellence Forum in Brisbane last month with three presentations and two lunchtime seminars.

- [Have a look at the presentations on the ACE Forum website](#)

## Research using interRAI data

Dr Hamish Jamieson, senior lecturer at the University of Otago (Canterbury), and geriatrician at Canterbury DHB, has kindly given us permission to share a few research presentations. The papers showcase some of the topics that Hamish and his team are investigating using interRAI data.

- Download [Peter Qiu - How social support influences Aged Residential Care admission in people with dementia in New Zealand](#) (PDF)
- Download [Marina Chen - Managing medications and how much it predicts admission to Aged Residential Care in older persons without cognitive impairment after adjusting for confounding factors](#) (PDF)

## New dementia eLearning resource for GPs and practice nurses

A new online education resource about dementia has been created for GPs and practice nurses. The eLearning Dementia Education Resource for GPs and Practice Nurses has been a collaborative development between primary, secondary and tertiary levels of care, and Alzheimers NZ. It is based on the latest dementia research. It is free to use and available [from the Goodfellow Unit website](#).

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## From the data warehouse

### How to access and use interRAI data

To access and use interRAI assessment data at the client, resident, facility or organisational level, anyone can approach the National interRAI Data Analysis and Reporting team to make an application. You can apply for interRAI data access and use for the following purposes:

- quality improvement
- research
- service planning and development and
- any other purpose aimed at improving the health outcomes of older people.

All interRAI data requests are processed against the interRAI data access and use protocols approved by the interRAI New Zealand Governance Board. These protocols also take into account New Zealand legislation in relation to access to personal health information.

- To apply, download an application form from the interRAI website, and email the completed form to [interRAI\\_Data@CentralTAS.co.nz](mailto:interRAI_Data@CentralTAS.co.nz)

- The application form, access protocols and guidance for potential applicants is available [on the interRAI website](#)
- If you are a home care provider and are keen to access data, please contact us directly on [interRAI\\_Data@CentralTAS.co.nz](mailto:interRAI_Data@CentralTAS.co.nz)

If you have any questions about interRAI data access and use, please contact the National interRAI Data Analysis and Reporting team at [interRAI\\_Data@CentralTAS.co.nz](mailto:interRAI_Data@CentralTAS.co.nz)

## National interRAI Data Analysis Annual Report

The National interRAI Data Analysis Report for 2015/16 is in its final stages of production. Watch this space for a special issue of the interRAI Informer.

## interRAI reports for Aged Residential Care facilities

Last month the interRAI National Data Analysis and Reporting team published a new standard suite of reports for Aged Residential Care (ARC) facilities. Each of the 675 ARC facilities in New Zealand received a report of their very own data, including comparisons with other facilities within their DHB and nationally, and comparisons with other similar sized facilities.

Reports have only been created for facilities where at least one interRAI LTCF assessment was completed during the reference quarter AND the most recent ARC quarterly bed survey was completed.

**Individual ARC facilities:** Someone from each facility should have received an email from us with their login details on 28 February 2017. If you have not, then please contact us on [interRAI\\_data@centralTAS.co.nz](mailto:interRAI_data@centralTAS.co.nz)

**Facilities which are part of an ARC provider group:** You will receive the standard suite of interRAI reports for your facility via your organisation's head office.

## Updates for assessors and users of interRAI

### Learning agreements

The interRAI Education and Support Service team are making changes to the Learning Agreements we use to help trainees plan their time and help managers support their staff.

The Learning Agreement sets out the weekly pace of the training programme and the associated expectations of the trainee during the training period.

The changes involve giving the Agreement to the trainee before they attend training (currently they receive it during training). In addition we are asking managers to sign the

agreement as well so that they are aware of what their staff member will be doing and understand any support that they may need.

Anyone who has gone through our assessor training will agree that it takes some dedication to achieve full competency. The standard timeframe to reach interRAI competency is eight weeks, in which a number of milestones need to be met. The learning agreements set out upfront what trainees need to accomplish in each of the eight weeks, and how much time this is expected to take.

To make this easy we will send it out at the same time that the User Access Form is sent for signing. By signing, trainees and managers are agreeing to ensure that there are adequate resources and support to complete training and no leave planned within the eight weeks of training.

### **interRAI Long Term Care Facilities (LTCF) training for enrolled nurses**

Where availability allows, interRAI training is open for enrolled nurses. If you are interested in training please apply in the usual way [through the interRAI website](#) or email [interrai@dhbsharingservices.health.nz](mailto:interrai@dhbsharingservices.health.nz)

To be accepted for LTCF training the enrolled Nurse's Facility Manager must note that the person is an enrolled nurse on the User Access Form and provide the name of the Registered Nurse in your facility who will provide supervision.

Once the enrolled nurse is trained, the supervising registered nurse may delegate any or all parts of a resident's interRAI assessment to the enrolled nurse to complete. The enrolled nurse signs their sections complete in the software and the supervising assessor, who must be a currently competent interRAI assessor, then marks the overall assessment complete.

Please contact us at [interrai@dhbsharingservices.health.nz](mailto:interrai@dhbsharingservices.health.nz) if you are interested in booking training for an enrolled nurse.

### **Devices and browsers**

interRAI software can be accessed on a variety of devices and used on a variety of browsers. You can use:

- Windows 7, 8, 10 and
- tablet devices with IE9, 10, 11, Chrome and Edge browsers
- Android tablets with Chrome and
- iPads with Safari.

Please make sure to read the [minimum specifications document](#) (PDF)

## **DHBs and ARCs booking training: only use the current User Access Forms to ensure your training request are booked promptly**

Please make sure you only use the current version of User Access Forms for interRAI (current version 1\_1; this is the form sent to you when you request training). The forms need to be completed in full, along with a manager's signature, before scanning and emailing them to [interrai@dhbsharingservices.health.nz](mailto:interrai@dhbsharingservices.health.nz)

Common errors/omissions that will result in your User Access Form being rejected are:

- no manager's name, email address, telephone number or signature
- no Annual Practicing Certificate Number
- no Additional Security Questions and Answers
- no Function/Access Level Required ticked.

Please either request training through our website or email us at [interrai@dhbsharingservices.health.nz](mailto:interrai@dhbsharingservices.health.nz) to inquire about training or request the current User Access Form.

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## **interRAI out and about**

### **interRAI Managers Workshop pilot**

We joined forces with NZACA to pilot a new workshop for ARC facility managers about how to embed interRAI into their facilities. We are now evaluating the format and content to ensure it is useful for you.



At the interRAI and NZACA pilot workshop for facility managers, Masterton, 27 March 2017

## Upcoming dates

**Using interRAI data to improve services – results from the forthcoming National interRAI Data Analysis Annual Report 2015/16**, Health Services Research Centre, School of Government, Victoria University of Wellington

- Michele McCreadie, General Manager, interRAI Services, TAS; Vij Kooyela, Manager, interRAI Data Analysis and Reporting team, TAS; Jason Theobald, interRAI Senior Analyst, TAS
- Thursday, 13 April 2017, 12.30-1.30 pm
- GBLT1, Lecture Theatre 1, Old Government Building, Pipitea Campus
- RSVP not required

**interRAI Exhibition stand** at the NZACA Conference, 5-7 September 2017, Rotorua

## Contact and unsubscribe

If you have anything you would like to contribute to this newsletter, or if you have ideas for items we should cover, please let us know at [interRAI@dhbss.health.nz](mailto:interRAI@dhbss.health.nz)

To subscribe or unsubscribe, please also email us at [interRAI@dhbss.health.nz](mailto:interRAI@dhbss.health.nz)