

The interRAI Palliative Care Assessment

An innovative project – where are we now?



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What is interRAI

**International
Resident
Assessment
Instrument**

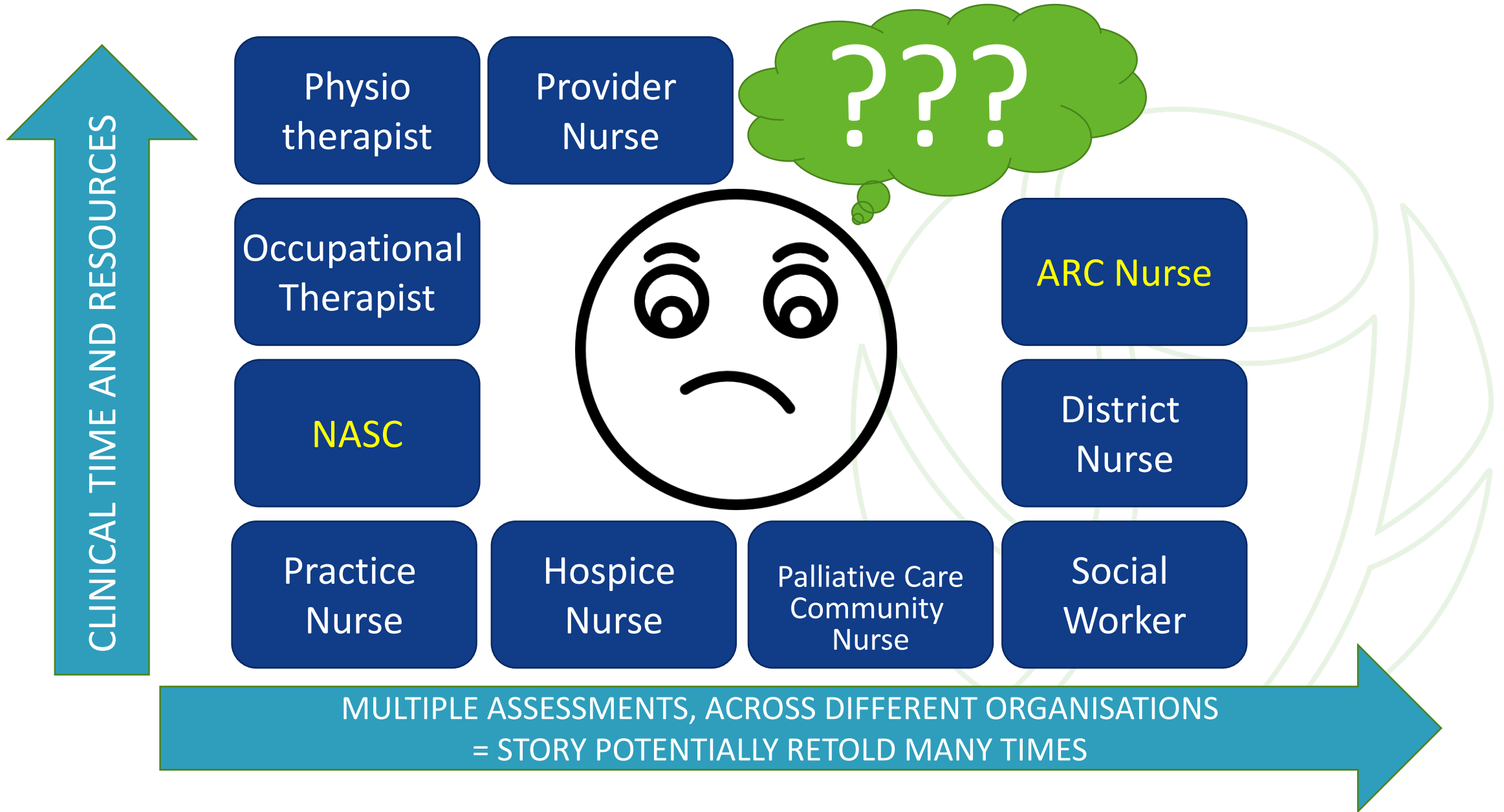
Best practice
approach to
assessing people's
needs

Comprehensive
clinical assessment
tools

Standardised and
designed for
specific groups

Common language,
common measures,
common concepts

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How it works



Same assessment across New Zealand



Assessments follow the person



10% of over 65s in New Zealand



Information publically available



Evidence based decisions

interRAI Palliative Care Pilot

December 2015-December 2016

To test the use of the interRAI Palliative Care (PC and Hospice) assessments for:

- people with a prognosis of less than a year to live
- who are living in the community
- who would otherwise have been assessed with an interRAI Home Care assessment to identify their support needs.

Prerequisites and competencies

Homecare trained

Level one ACP or
DHB equivalent
training

2-hour training
programme

Clinical assessment
reviewed by
Educator

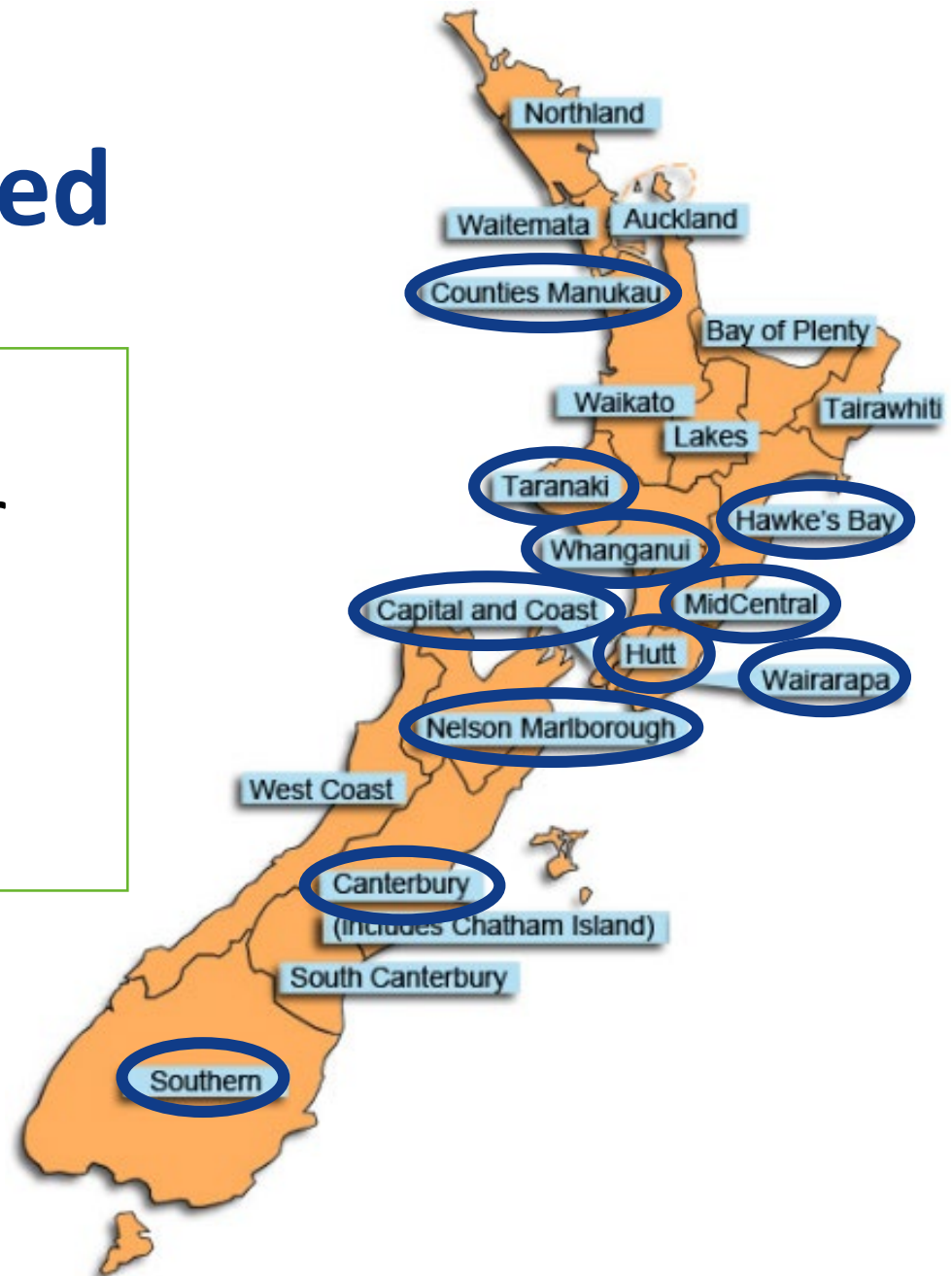
Palliative Care on-
line evaluation

Competency
interview

Assessments completed

So far:

- **142** assessors either trained or about to be trained in New Zealand
- **979** Assessments completed



Assessors' goal: Wellness for all



Improving symptoms



Addressing mental and physical health problems



Assisting in coming to terms with death



Enhancing comfort



Improving quality of life

Useful language – talk about:

Limited treatment options

Focus on quality of life

Focus is not curative/not rehabilitative

Supportive care

Focus on symptom management/
treating symptoms

Living well for now

Comfort care

As you near the end of this journey.....

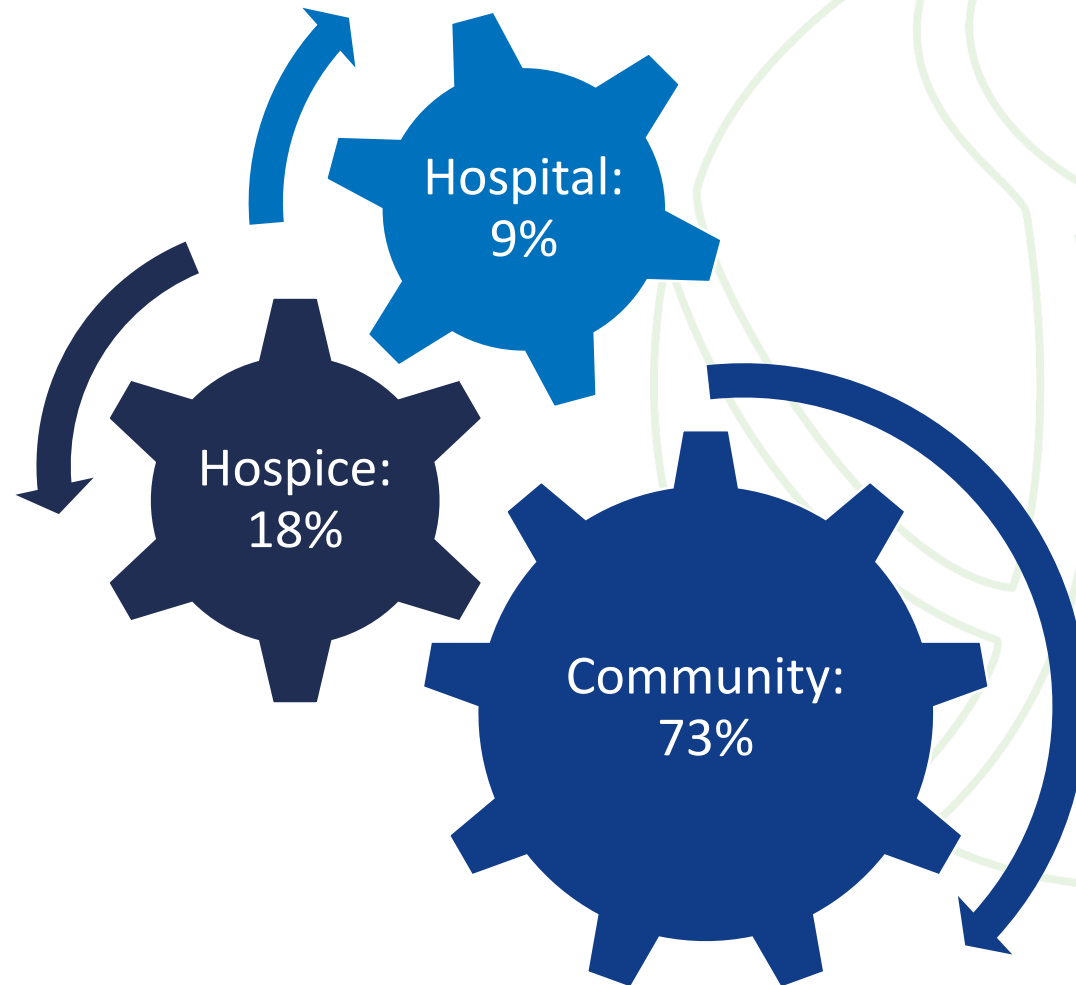
Age related concerns

“Data! Data! Data!”
he cried impatiently.
“I can’t make bricks
without clay.”

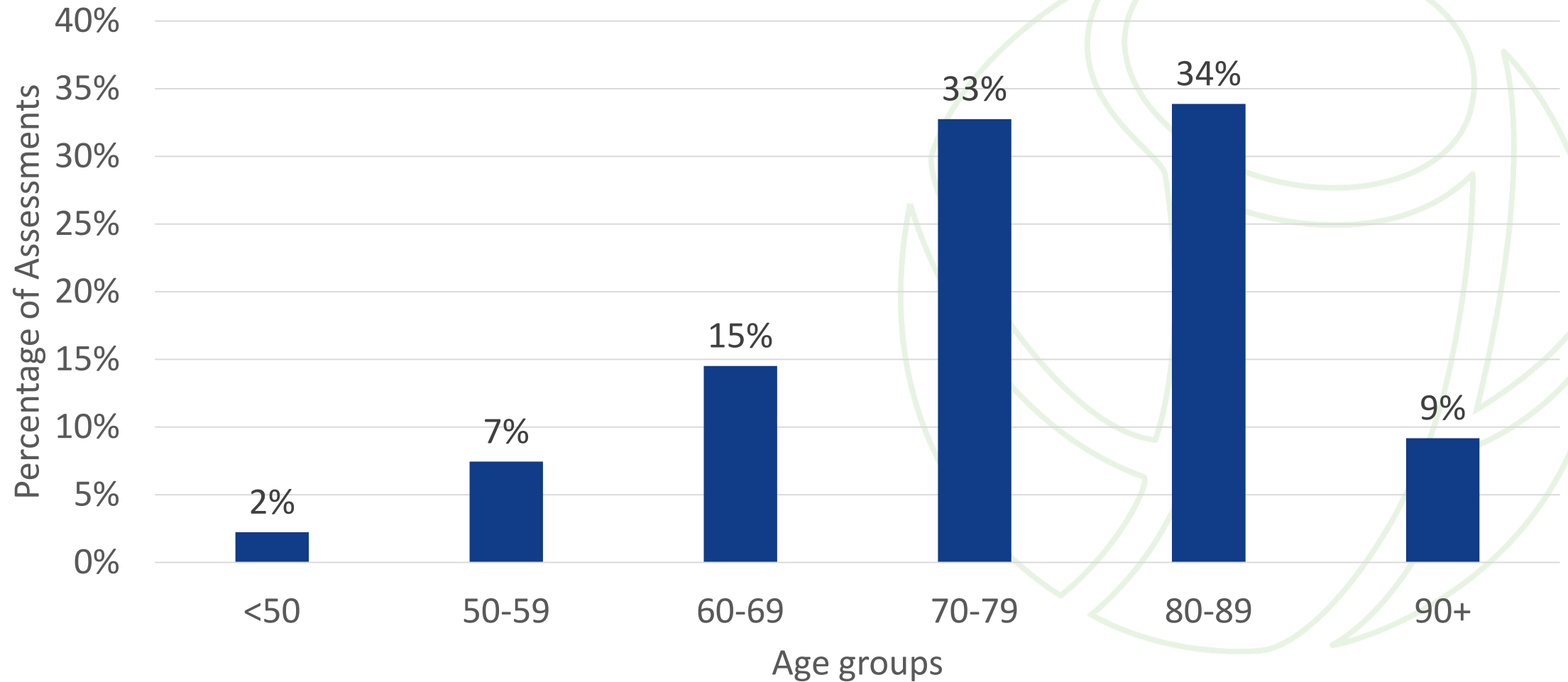
Sir Arthur Conan Doyle: Sherlock
Holmes



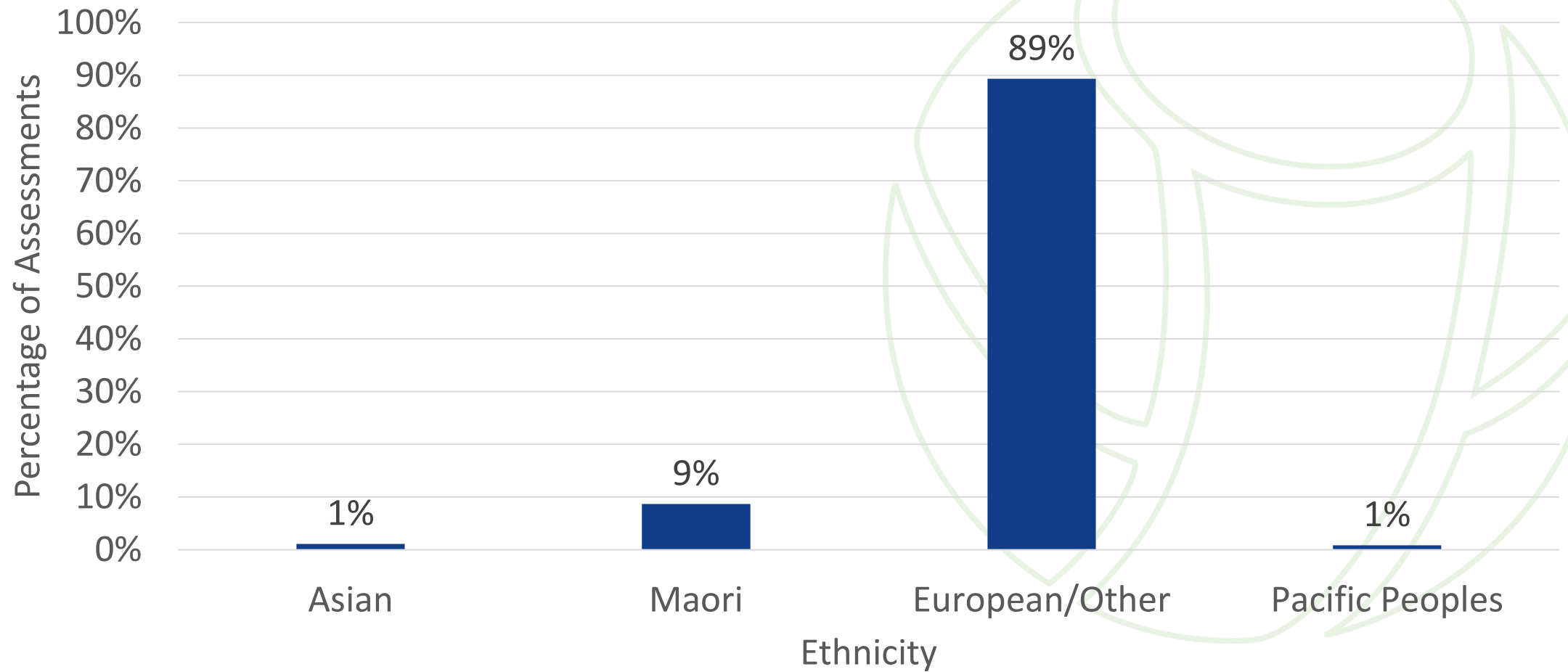
Assessors complete their assessments in:



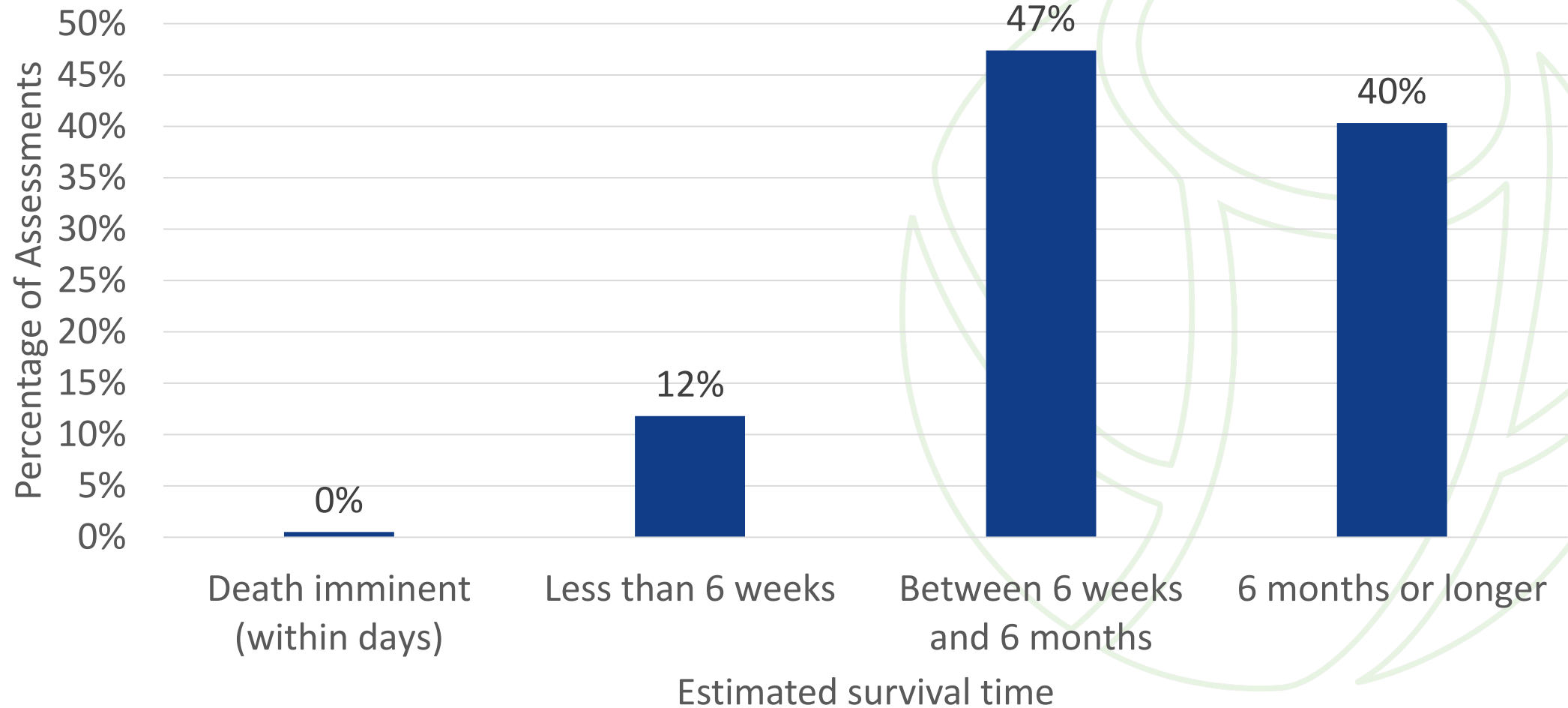
PC assessed population demographics – age



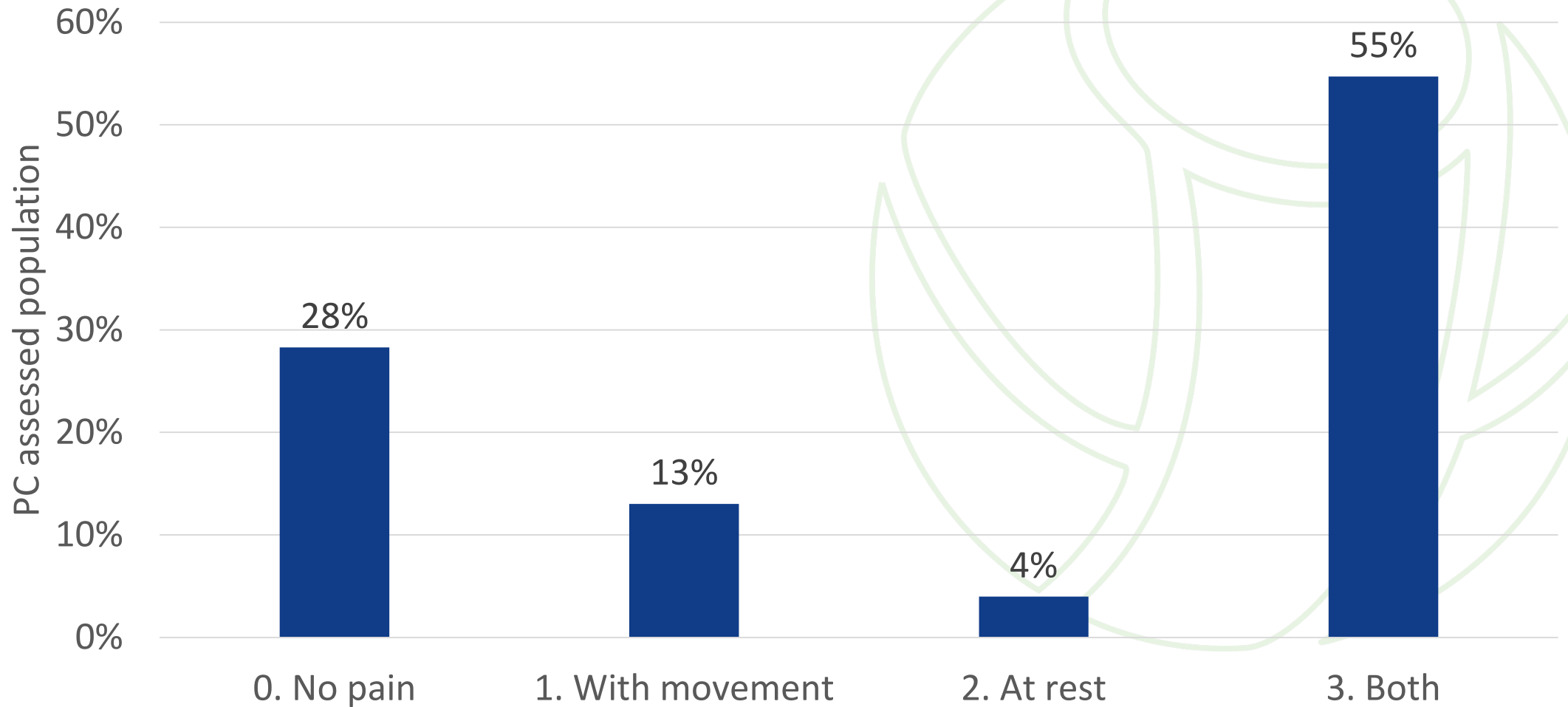
PC assessed population demographics – ethnicity



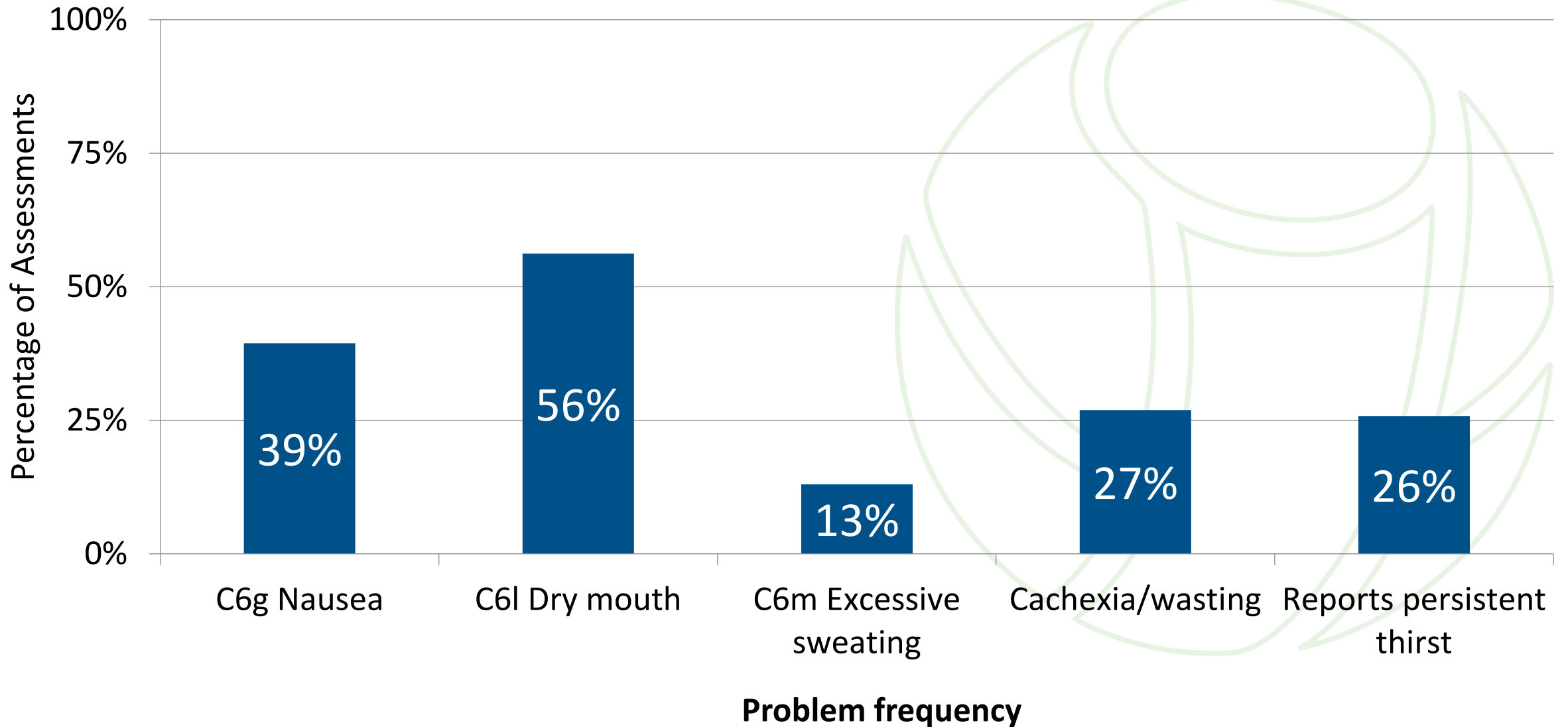
PC assessed population – estimated survival



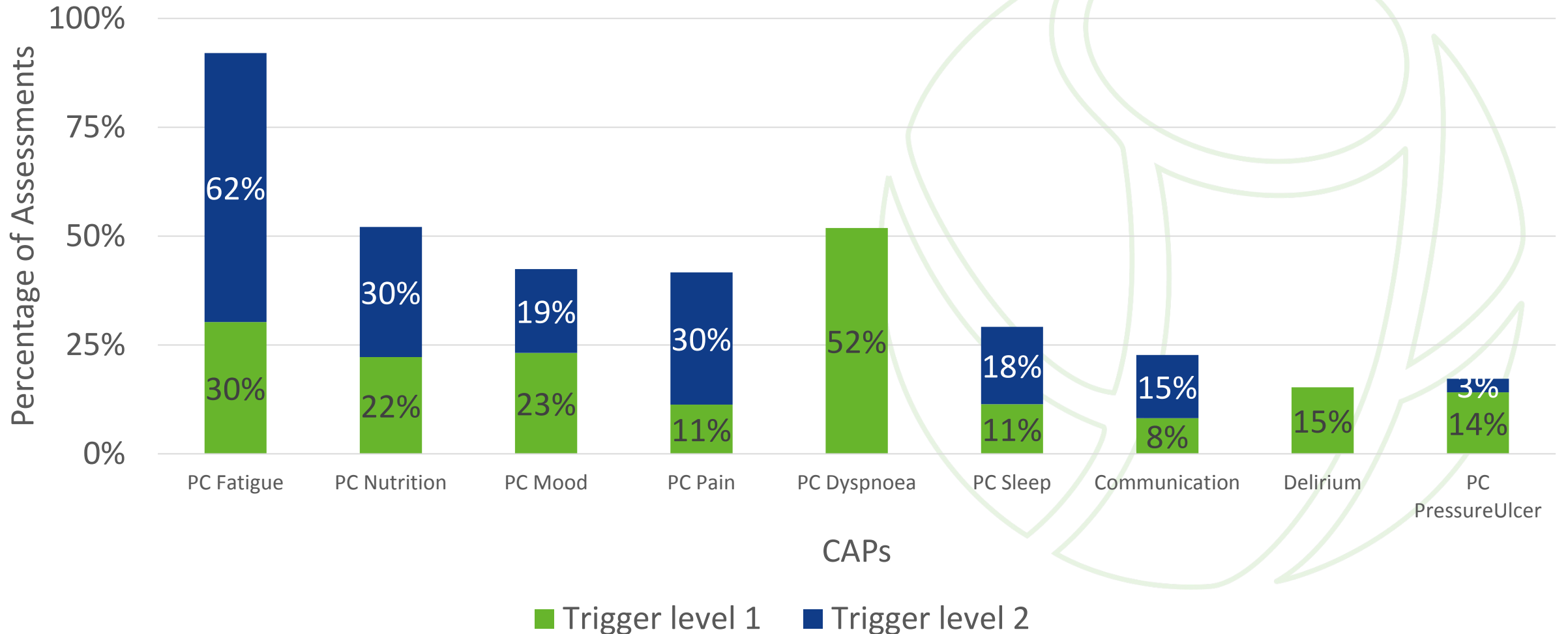
PC assessed population: when pain is present



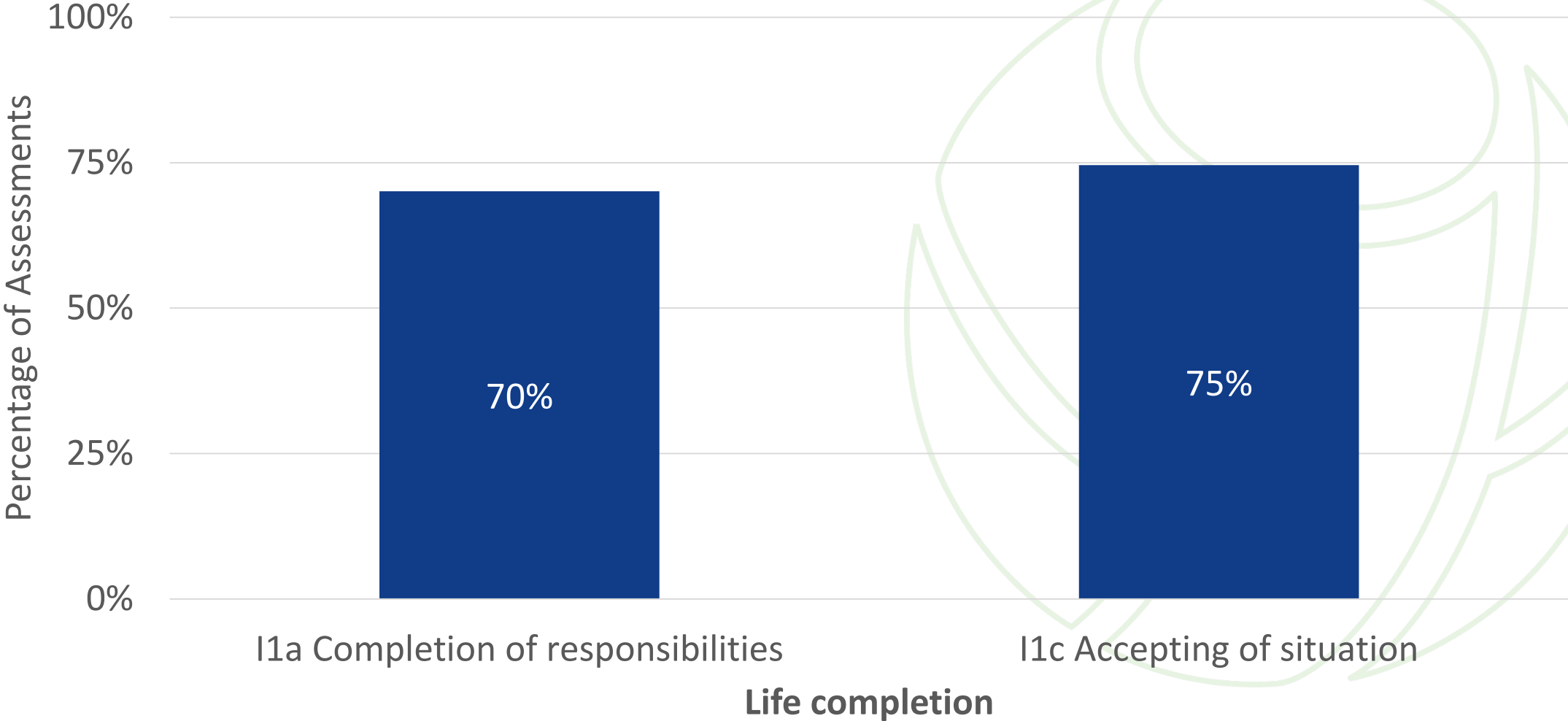
PC assessed population: problem frequency



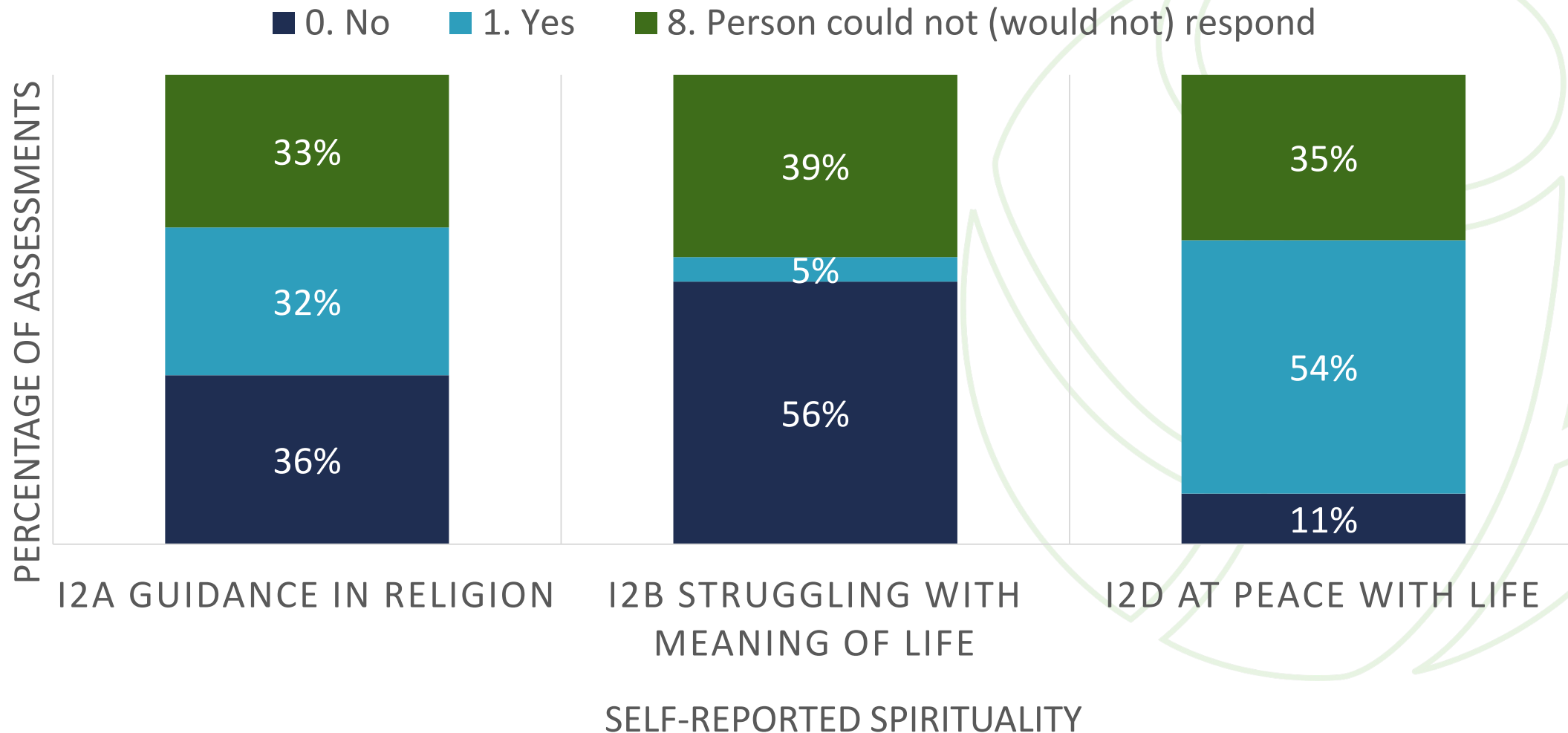
Top areas for interventions – Clinical Assessment Protocols (CAPs)



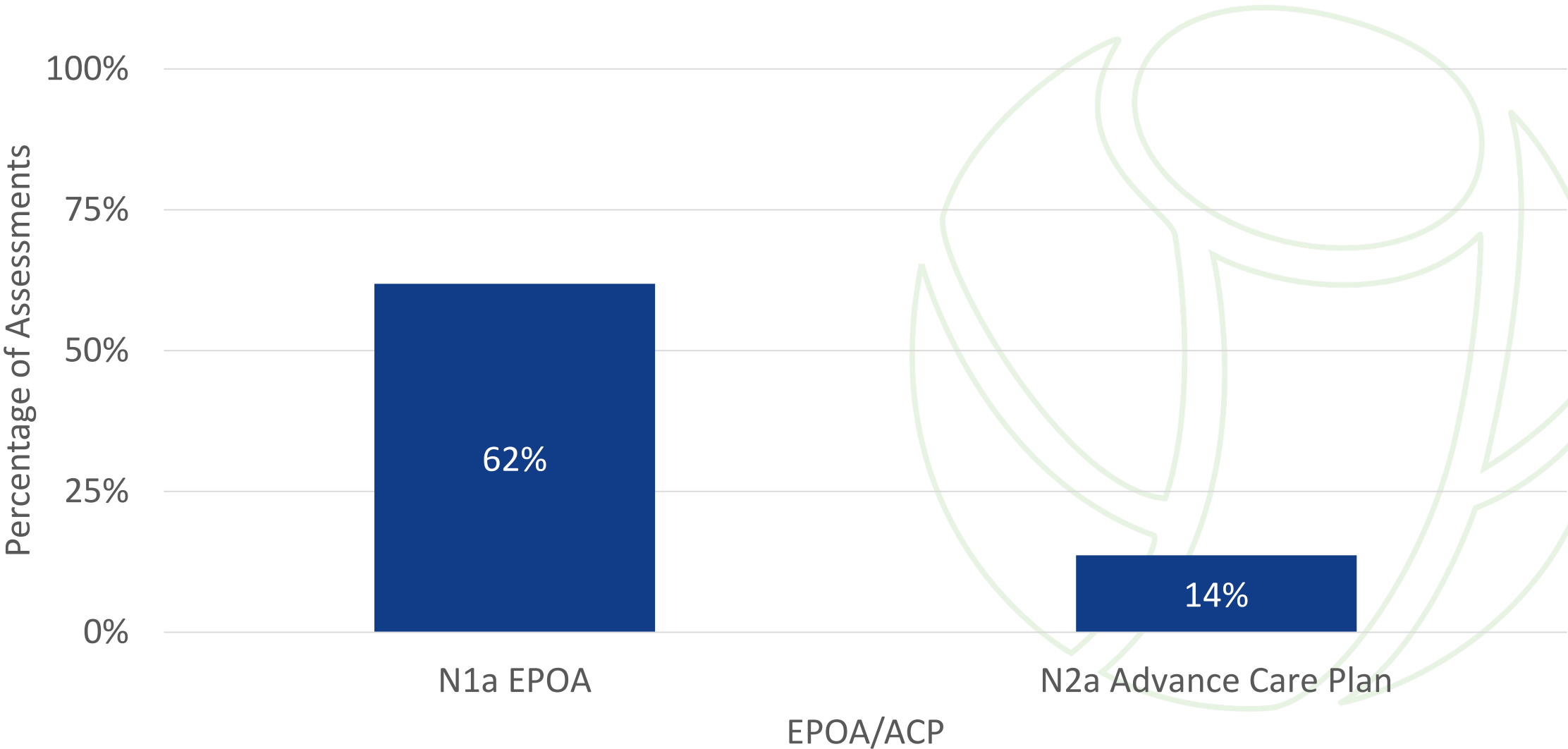
Psychosocial well-being



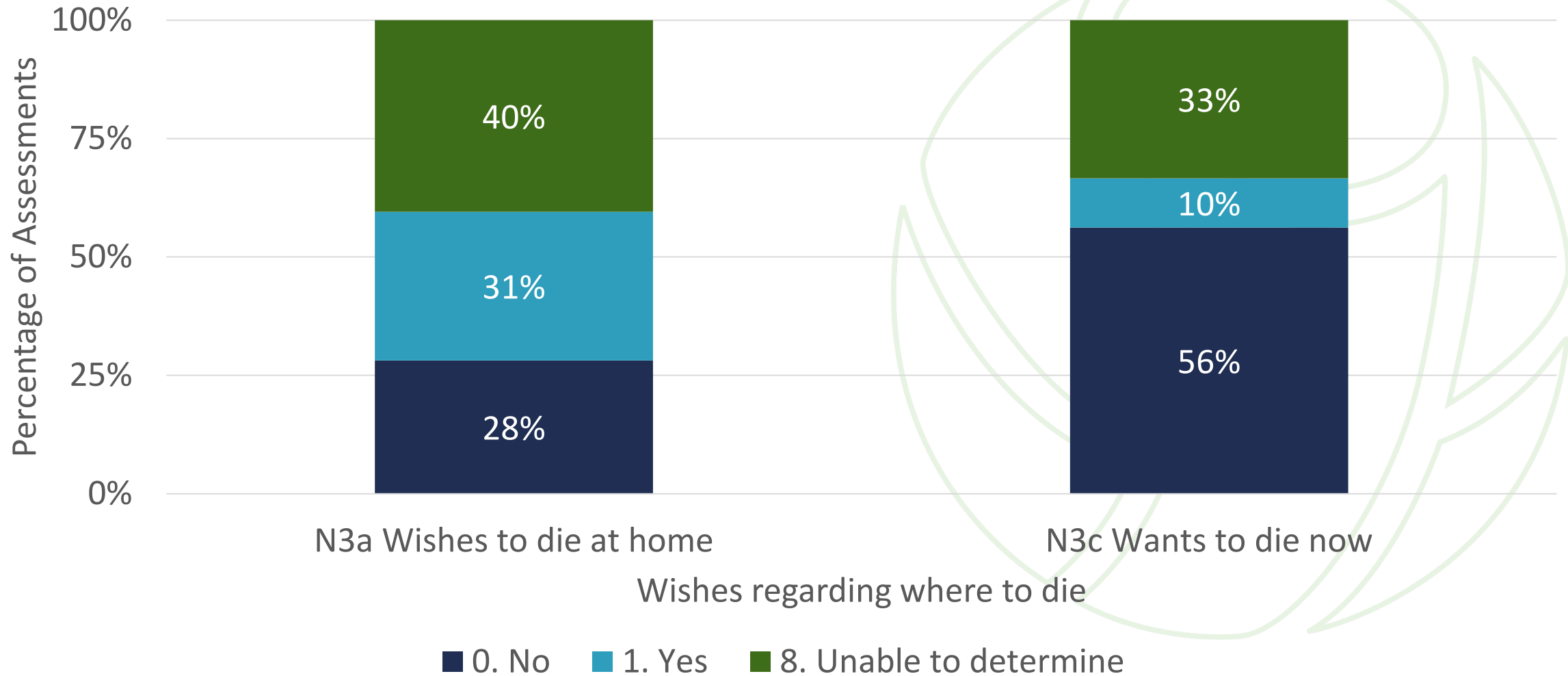
Self-reported spirituality



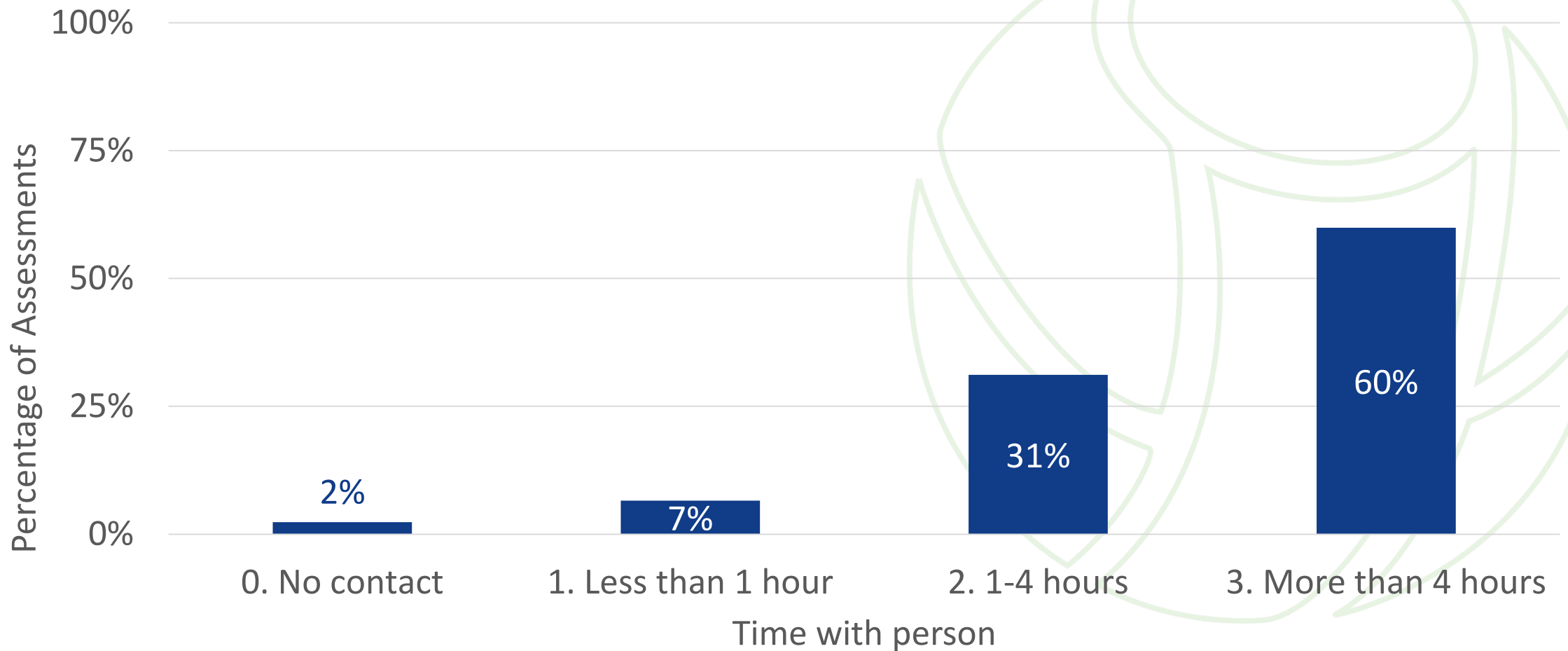
Legal responsibilities



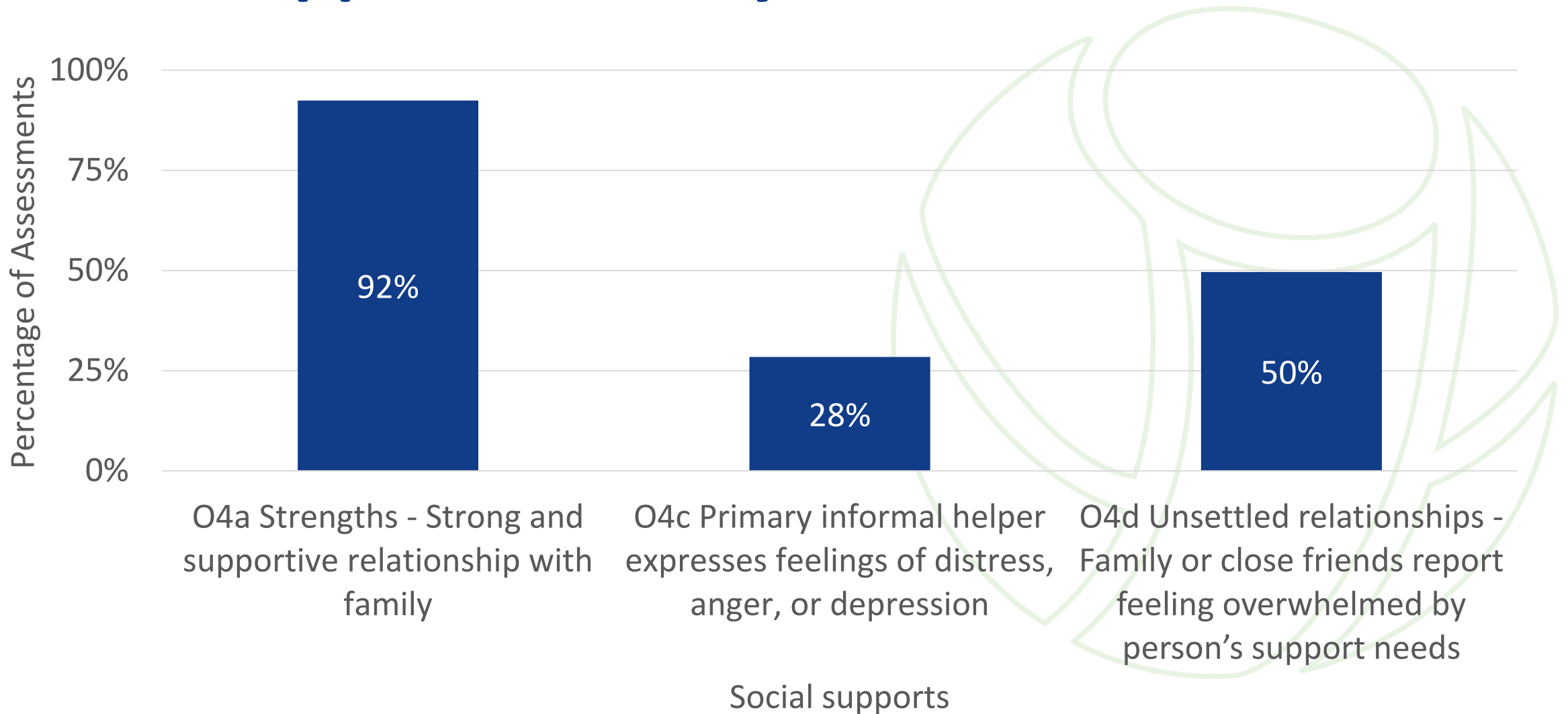
Person's wish



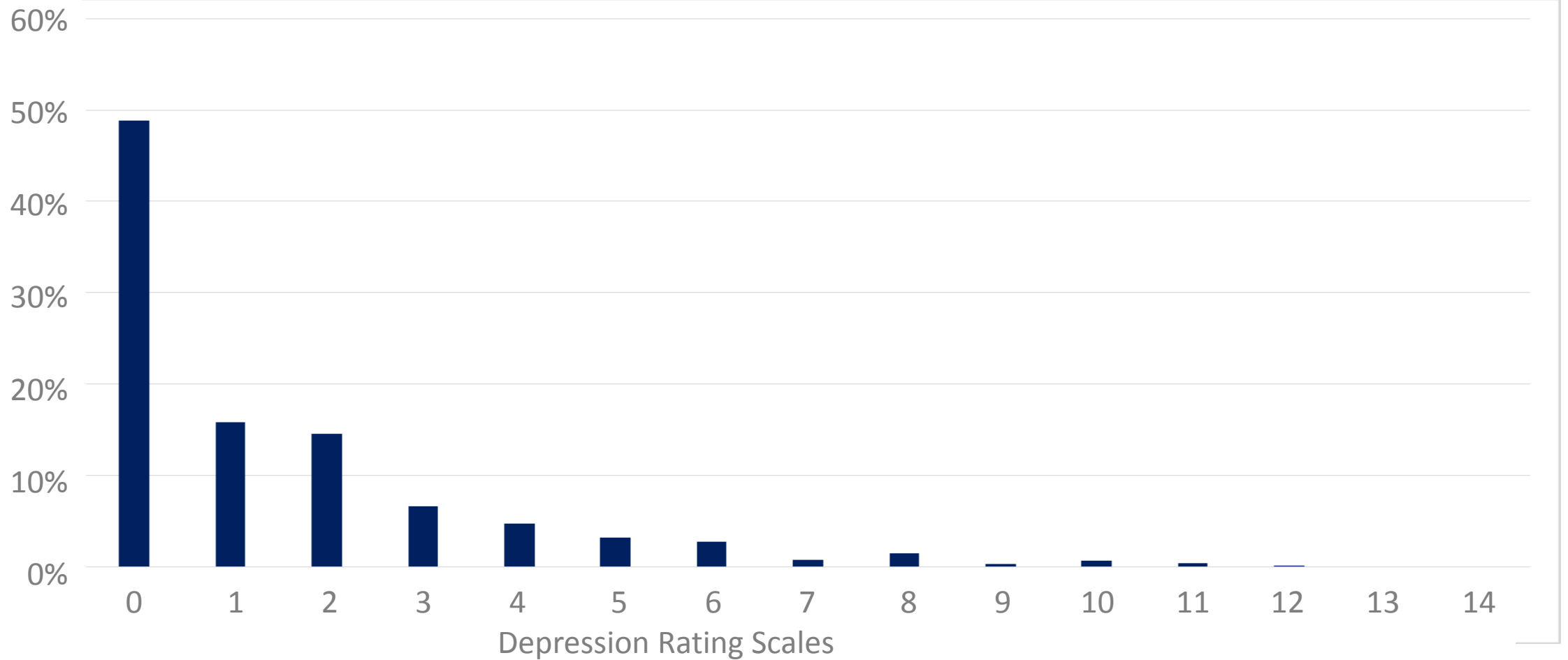
Social supports – time with person



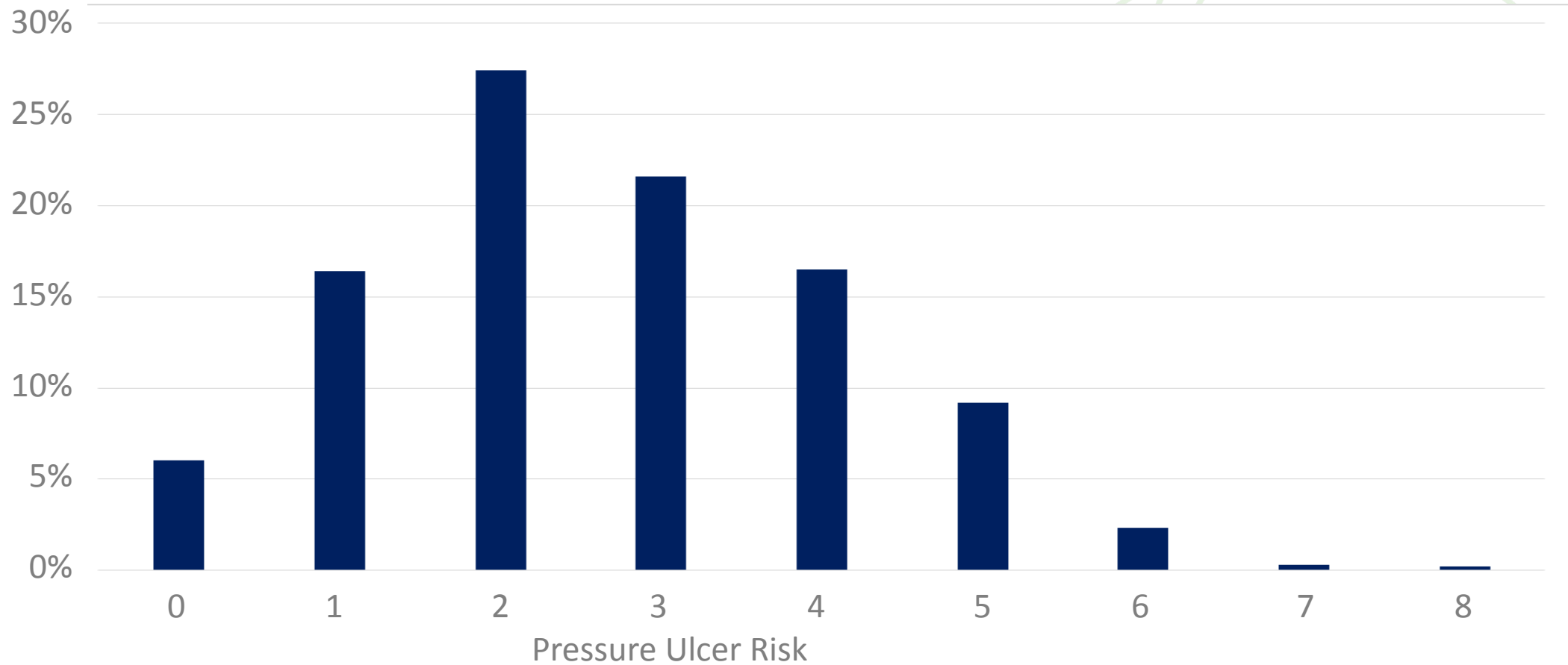
Social supports – family carer status



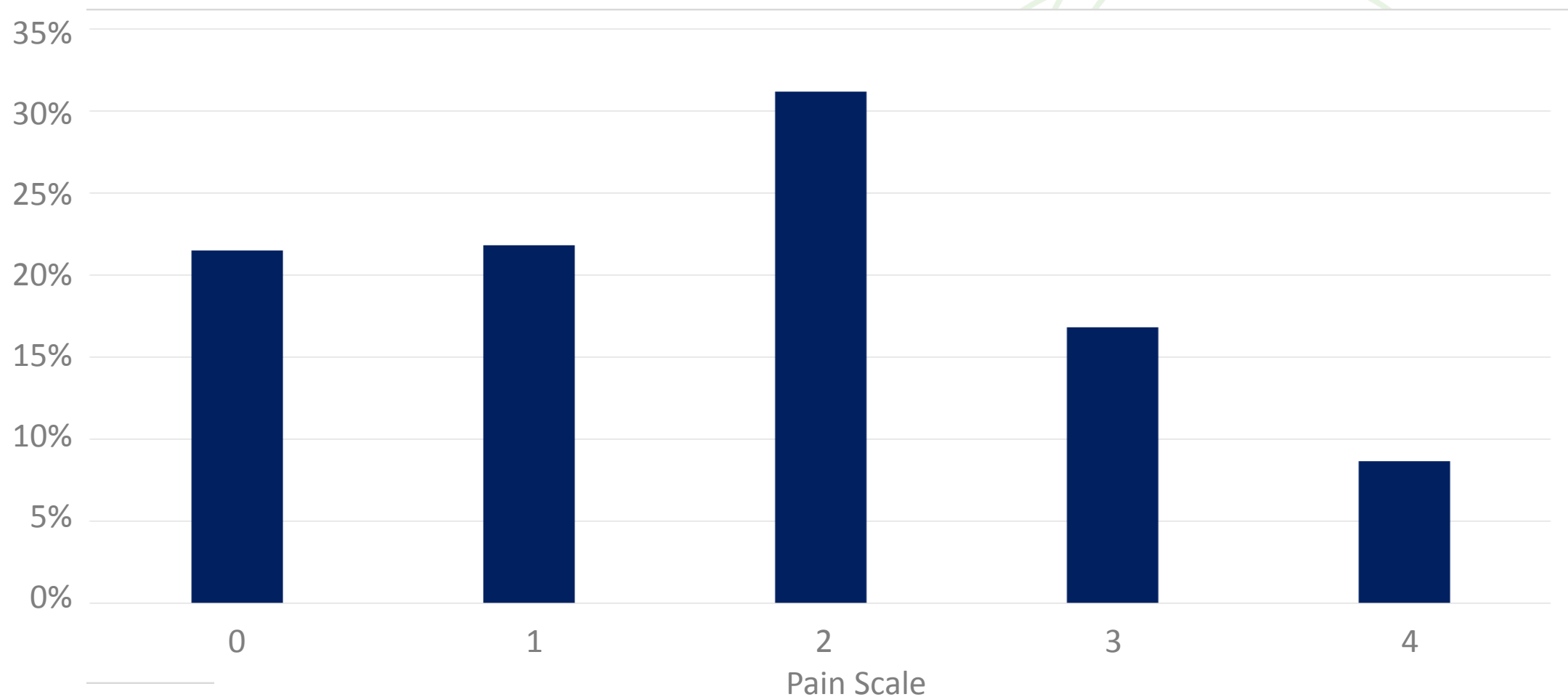
Depression Rating Scale (0-14)



Pressure Ulcer Risk (0-8)



Pain Scale (0-4)





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