

# New Zealand

## Aotearoa



# Canadian interRAI Conference 2018



Linking a cultural conversation with interRAI assessments, using the Meihana model



*Wellness for Life – A Priority for All*

# Wellness for everyone

## EQUALITY VERSUS EQUITY



In the first image, it is assumed that everyone will benefit from the same supports. They are being treated equally.



In the second image, individuals are given different supports to make it possible for them to have equal access to the game. They are being treated equitably.



In the third image, all three can see the game without any supports or accommodations because the cause of the inequity was addressed. The systemic barrier has been removed.

# The Meihana Model

The Meihana Model helps students to complete the Kaupapa component of the clinical interaction/assessment so they achieve both clinical and cultural integration in their practice.

## **Acknowledgement**

Associate Professor Suzanne Pitama  
Māori/Indigenous Health Institute  
University of Otago, Christchurch  
Tel 03 364 3677  
Email [suzanne.pitama@otago.ac.nz](mailto:suzanne.pitama@otago.ac.nz)

# Meihana Model



Copied with permission: Otago University, Māori Indigenous Health Institute (MIHI).

NB: Must not be printed without permission

Improving Maori health through clinical assessment: Waikare o te Waka o Meihana Pitama, Suzanne; Huria, Tania; Lacey, Cameron. The New Zealand Medical Journal (Online) The New Zealand Medical Journal (Online); Christchurch Vol. 127,1393, (May 2, 2014): 107-19

# Learning Objectives for interRAI educators

Achieve  
Hauora  
Access to  
health for all

Training –  
Cultural  
conversation

Components  
of  
interactions

Factors  
affecting the  
voyage to  
Hauora

# Components of the Meihana Model

## Linking with interRAI items



**Patient:** Patient identifying as Māori with ethnicity correctly confirmed

- Often inaccurately recorded
- All patients should be asked their ethnicity and have this reviewed over time
- Cultural safety/competency



**Whānau:** Support network available to the client

- Often feel excluded
- Inclusion important in gathering history and understanding symptoms and impact on patient/whānau
- Assess whānau understanding of the condition, prognosis, and their expectations around management



## **Tīnana:** Physical health and Functioning of the patient

- Encourages to assess past and current functioning to clearly understand the physical status of the patient
- Considers symptoms, treatments, exercise, diet, physical exam and substance use



## **Hinengaro:** Emotional and psychological wellbeing of the patient

- Assessment needs to evaluate psychological wellbeing
- Explore the patients perception of their condition and impact this has on their wellbeing





## **Wairua:** Beliefs regarding connectedness and Spirituality

- Explore attachments to people, places and taonga - treasured items
- Allow a conversation about religion, death and dying
- A lack of connectedness may be a key risk factor for depression



## **Taiao:** Physical environment of the patient/whānau

- Home environment- physical and interpersonal spaces promote privacy and dignity, for example, areas for support networks to attend
- Are there potential barriers to access the service like car parking, Māori friendly environment?



## **Iwi Katoa:** Health services and systems that provide patient/whānau support

- Identify whether the patient/whānau have had appropriate access to services/systems
- Exploring current enablers/barriers to access services helps towards planning care

# Linking Meihana Model to interRAI strategy

# interRAI Māori strategy

## NGĀ TOHUTOHUNGA Guiding principles

*We uphold the Treaty of Waitangi principles of: Partnership, Participation and Protection*

***Aroha ki te rawa kore** provide support for those who are vulnerable*

***Aspiration**  
We create new and better ways for success*

***Courage**  
We step up, address difficult issues, saying what needs to be said*

***Professionalism**  
We do the job to the highest standard*

***Integrity**  
We gain confidence and trust through ethics, honesty and authenticity*

**Our Journey** begins with the advice from the **Māori Strategy Working Group**

interRAI project 2008-2012

**Action Plan 2018/21**

## Ministry of Health guiding documents

### Conceptual framework for the strategy

Waka – the comprehensive clinical assessment  
Rudder – interRAI Governance Board  
Oars – Partnership, Participation, Protection  
Sails – guiding documents  
In the waka are the interRAI Services team and resources

## Meihana Model of Clinical Assessment

### Framework for interRAI Assessment

Assessor competencies  
A cultural conversation  
National Standards  
Culturally appropriate assessment practices  
Culturally appropriate curriculum and delivery

**Value**

Guidance for assessors

Train educators to train others

**Customer**

Improving connections

Establish formal link to broker opportunities for Māori input and feedback

**Business processes**

Refresh training curriculum

Review training materials and educator induction

**Learning and growth**

People and capability

Develop workforce cultural capability

A banner image showing a city skyline at night with illuminated buildings and a prominent red, curved architectural structure in the foreground.

# interRAI Māori strategy

## NGĀ TOHUTOHUNGA

Guiding principles

*We uphold the Treaty of Waitangi principles of:  
Partnership, Participation and Protection*

*Aroha ki te rawa kore provide support for  
those who are vulnerable*

### **Aspiration**

*We create new and better ways for success*

### **Courage**

*We step up, address difficult issues, saying what  
needs to be said*

### **Professionalism**

*We do the job to the highest standard*

### **Integrity**

*We gain confidence and trust through ethics, honesty  
and authenticity*



# interRAI Māori strategy

**Our Journey** begins with the advice from the Māori Strategy Working Group

interRAI project 2008-2012

## Ministry of Health guiding documents

### Conceptual framework for the strategy

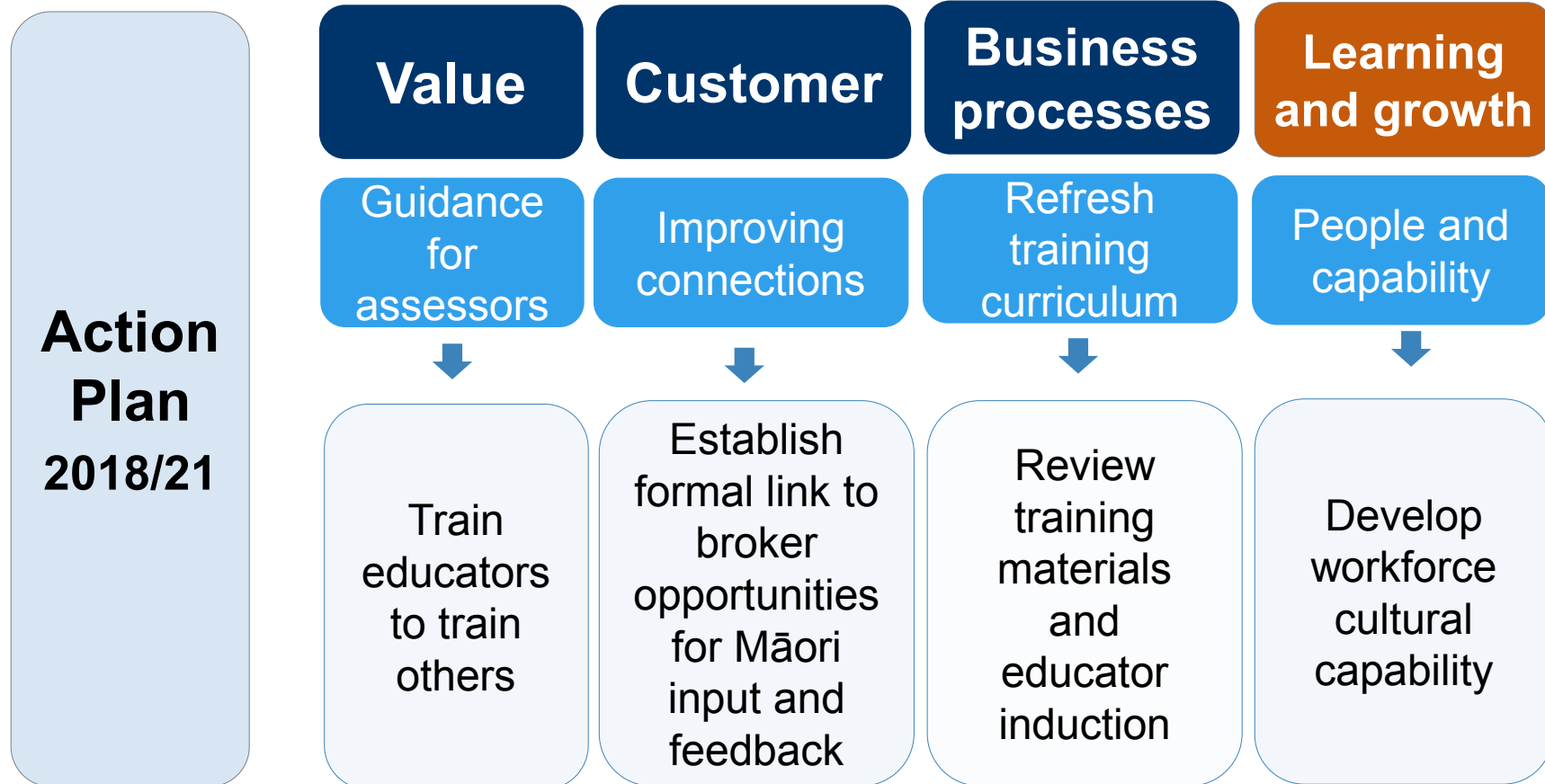
- Waka – the comprehensive clinical assessment
- Rudder – interRAI Governance Board
- Oars – Partnership, Participation, Protection
- Sails – guiding documents
- In the waka are the interRAI Services team and resources

## Meihana Model of Clinical Assessment

### Framework for interRAI Assessment

- Assessor competencies
- A cultural conversation
- National Standards
- Culturally appropriate assessment practices
- Culturally appropriate curriculum and delivery

# interRAI Māori strategy





# *He waka eke noa*

We are all on the canoe, with no exception

