

Inside interRAI January 2019
News for your professional development

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Recording medications

The last software upgrade made it optional for facilities and services to record the dose, units, frequency, route and PRN of medications in the interRAI system if these details are recorded elsewhere in an electronic patient management system. You still need to input the names of the resident or client's medications.

- [More about coding medications on the interRAI website](#)



Next interRAI software upgrade in March/April

The next upgrade of the interRAI software system will be scheduled for early April. With this upgrade, you will be able to reset your password yourself, instead of phoning the helpdesk.

Relias issues with exam due dates

In December the system for your annual interRAI evaluations moved from AIS to Relias.

Some assessors are still seeing wrong due dates for their exams in Relias. If this is happening to you and you miss your exams, please let us know and we will set a new due date.

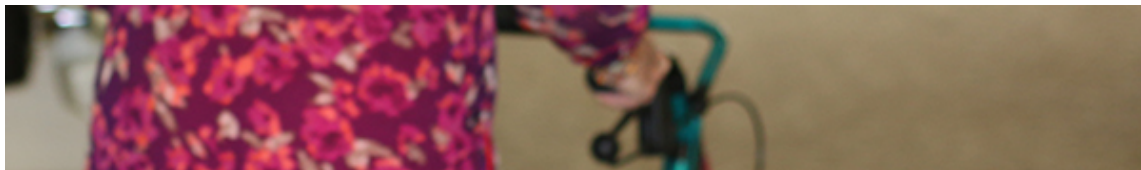
The email address for exam enquiries is now interRAI@tas.health.nz



National Standards: are you using the right one?

All the up-to-date National Standards are on the interRAI NZ website. We designed new covers last year, so it should be easy for you to identify.

- [Download National Standards from the interRAI NZ website](#)



Not elsewhere classified vs Not further defined

Here is a guide for the subtle but important difference between **Not elsewhere classified** and **Not further defined** when defining ethnicity.

Not elsewhere classified (nec)

A 'not elsewhere classified' (nec) ethnic group category contains ethnicity responses that are infrequent or unanticipated.

Examples:

- A) Your client tell you they are Bhutanese but there is no choice of Bhutanese in the drop down
- B) Your client says they come from

Not further defined (nfd)

A 'not further defined' (nfd) ethnic group category contains responses that are not for a specific ethnic group which can be placed in a broader category in the ethnicity classification.

Examples:

- A) Your client tells you they come from the Pacific but don't tell you if it is Tonga, Samoa or Tahiti.

Britain and tell you it's Cornwall but there is no choice for Cornwall in the drop down.

B) Your client says they come from Britain but does not tell you whether they are from Scotland or Wales.

New texture modified diet terminology

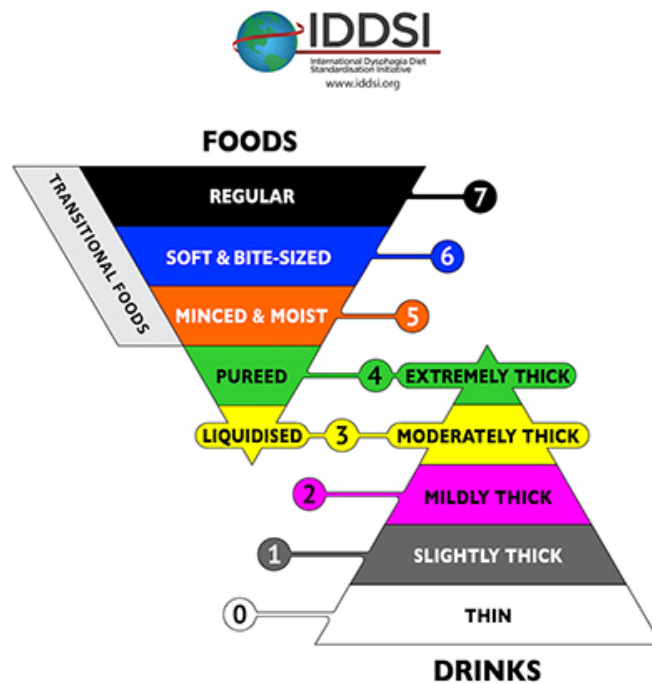
Make sure you use the correct terminology in your assessments for clients and residents with dysphagia, including on the LTCF overview page.

In 2018, New Zealand adopted the International Dysphagia Diet Standardisation Initiative (IDDSI) terminology and definitions for texture-modified food and drinks for individuals with dysphagia. These differ slightly from previous standards.

You may have noticed this terminology on hospital discharge letters, or reports and recommendations from dietitians or speech-language therapists. Food producers, food service providers and most aged residential care providers have adapted their product descriptions and menus to be IDDSI compliant in the last few months.

More about IDDSI:

- [International Dysphagia Diet Standardisation Initiative](#)
- [New Zealand Speech Language Therapists Association](#)
- [Dietitians New Zealand](#)



(c) [The International Dysphagia Diet Standardisation Initiative 2016](#)



Evaluation support

Contact interrai@tas.health.nz

interRAI Software Support

Southern and Northern DHB regions (CDHB)

Ring: 03 378 6555

Email: interRAI servicedesk@cdhb.govt.nz

Central and Midland DHB regions (TDHB)

Ring: 06 753 7766

Email: IT.servicedesk@tdhb.org.nz

Contact Us

Ring: 0800 10 80 44 • Email: interrai@tas.health.nz

To book a course visit our website at: www.interrai.co.nz/register-for-training

New on interRAI.co.nz

- [How to access exams on Relias](#)
- [Recording medications](#)
- [2017/18 Annual Report](#)
- [First data from the Palliative Care assessment](#)
- [Infographic: People living in aged residential care](#)
- [Board meeting minutes 17 October and 8 August](#)
- [Software User Group minutes October 2018 and updated members list](#)

Upcoming dates

- **26 February 2019 in South Auckland:** *Integrating interRAI in your facility* workshop
- **27 February 2019 in South Auckland:** *Integrating interRAI in your facility* workshop
- **12 March 2019 in Wellington:** *Integrating interRAI in your facility* workshop
- **13 March in Wellington:** *Integrating interRAI in your facility* workshop
- **27 May 2019 in Christchurch:** *Integrating interRAI in your facility* workshop
- **28 May 2019 in Christchurch:** *Integrating interRAI in your facility* workshop

To join our Integrating interRAI workshops contact John McDougall (NZACA) at john@nzaca.org.nz



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1/31/2019

Inside interRAI: Recording medications, National Standards, defining ethnicity

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