People living in aged residential care

New Zealanders live in aged residential care. 31,600* residents in aged care identify as Māori. 4.7% of residents in aged care identify as Pacific people. 2.3% 85 is the average age of first assessment in aged residential care.

*Aged Residential Care Bed Survey June 2018.

Throughout New Zealand, assessor in District Health Boards and in aged residential care facilities use the standardised interRAI assessment instrument to help determine which level of support is required for clients and residents over 65 years old. The data is then aggregated to provide information at provider, regional and national level.

This analysis is based on 72,000 assessments of people living in aged residential care in New Zealand.

More data about the health of older people is at www.interRAI.co.nz/data

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Percentage of population living in care by age

Top 5 disease diagnoses

Dementia other than Alzheimer’s Disease
Coronary Heart Disease
Depression
Stroke / CVA
Diabetes mellitus

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