

Understanding LTCF Clinical Assessment Protocols (CAPs)

Information for assessors and managers

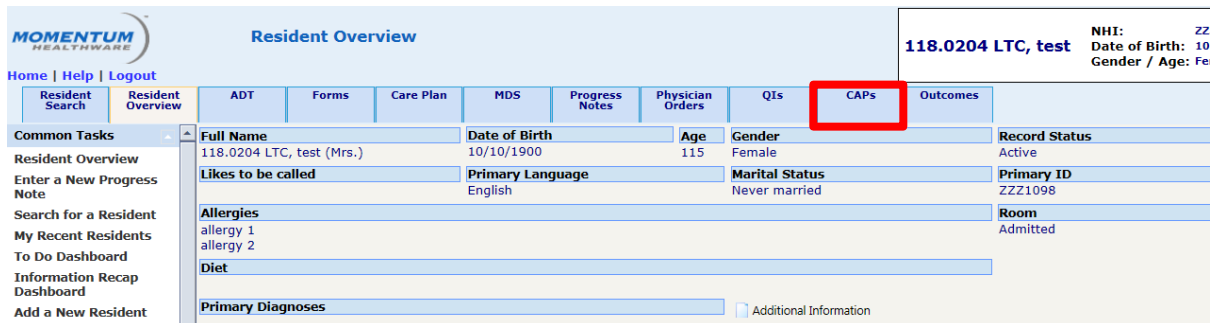
What is a Clinical Assessment Protocol (CAP)?

Clinical Assessment Protocols (CAPs) identify areas in which a resident has:

- A higher than expected rate of decline
- An increased potential to improve
- Symptoms that could be alleviated if a problem was addressed.

How to check a client's CAP

Step 1: To check why a CAP has triggered, go to the CAPs tab.



MOMENTUM HEALTHWARE Resident Overview

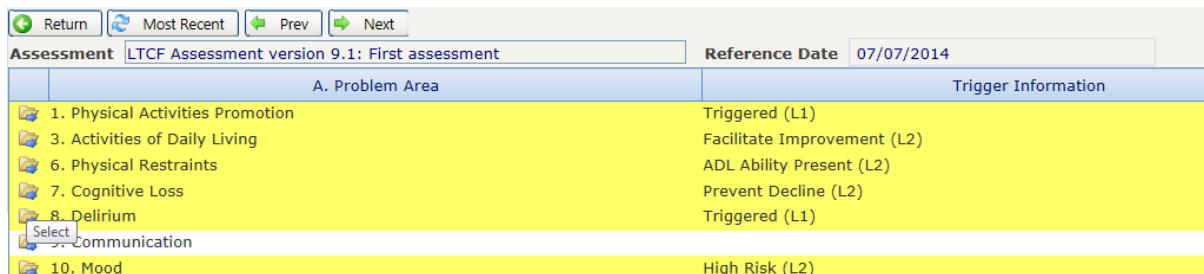
Home | Help | Logout

Resident Search | Resident Overview | ADT | Forms | Care Plan | MDS | Progress Notes | Physician Orders | QIs | **CAPs** | Outcomes

118.0204 LTC, test NHI: ZZ
Date of Birth: 10 Gender / Age: Fe

Common Tasks	Full Name	Date of Birth	Age	Gender	Record Status
Resident Overview	118.0204 LTC, test (Mrs.)	10/10/1900	115	Female	Active
Enter a New Progress Note	Likes to be called	Primary Language	Marital Status	Primary ID	Room
Search for a Resident	English	Never married	ZZZ1098	Admitted	
My Recent Residents	Allergies				
To Do Dashboard	allergy 1				
Information Recap Dashboard	allergy 2				
Add a New Resident	Diet				
	Primary Diagnoses				

Step 2: Click on the folder icon to display the assessment items that have triggered the CAP, and the 'level' at which it has triggered.



Return | Most Recent | Prev | Next

Assessment: LTCF Assessment version 9.1: First assessment Reference Date: 07/07/2014

A. Problem Area	Trigger Information
1. Physical Activities Promotion	Triggered (L1)
3. Activities of Daily Living	Facilitate Improvement (L2)
6. Physical Restraints	ADL Ability Present (L2)
7. Cognitive Loss	Prevent Decline (L2)
8. Delirium	Triggered (L1)
10. Mood	High Risk (L2)

Step 3: You need to respond appropriately to every CAP that is triggered, by reviewing the highlighted items for each CAP.

Assessment Protocol Triggers							123.0033Nadya, Test		NHI: M
ADT	Forms	Care Plan	MDS	Progress Notes	Physician Orders	QIs	CAPs	Outcomes	Assessment Protocol Triggers
Return							for current stay		
[J7c] End-stage disease							1 ...	0. No	
[Level 2] CAP triggered to PREVENT COGNITIVE DECLINE if CPS indicates minimal impairment with two or more questions triggered as these per have early indications of cognitive problems and are at a higher risk of declining further in the near future									
[sCPS] Cognitive Performance Scale							0,1,2 ...	2	Trigger
[C3a] Easily Distracted							2 ...	1. Behaviour present, consistent with usual functioning	
[C3b] Disorganised Speech							2 ...	1. Behaviour present, consistent with usual functioning	
[C3c] Mental function varies over day							2 ...	0. Behaviour not present	
[C4] Acute change in Mental Status							1 ...	1. Yes	Trigger
[C5] Change in Decision Making							2 ...	2. Declined	Trigger

Step 4: On the Assessment Summary screen, tick the CAPs that you are including in your care plan and give a reference to where it can be found.

ASSESSMENT SUMMARY			
CAP	Triggered	Addressed in care plan	Assessment Summary
1 Physical Activities Promotion		<input checked="" type="checkbox"/>	Addressed in Sections 6, Safety, Mobility and Pressure and Section 2, Socialising and Activities of care plan
3 Activities of Daily Living		<input checked="" type="checkbox"/>	Addressed in Section 4, Personal Care of care plan

Step 5: Some CAPs that trigger may not require care planning. In these cases, **do not** tick the check box, but **do** give a reason for your decision.

Completed By	Title	Completed Date	
ASSESSMENT SUMMARY			
CAP	Triggered	Addressed in care plan	Assessment Summary
1 Physical Activities Promotion	Triggered (L1)	<input type="checkbox"/>	Postpone intervention for this issue whilst medical team review cardio respiratory concerns. To review this CAP at next assessment. <input checked="" type="checkbox"/>

Step 6: Some CAPs that do not trigger will still need to be addressed in your care plan (called Standard Care). In these cases, tick the CAP's check box to indicate your decision to include it in your care plan, and give a clinical reason in the box provided.

Completed By	Title	Completed Date	
ASSESSMENT SUMMARY			
CAP	Triggered	Addressed in care plan	Assessment Summary
1 Physical Activities Promotion	Triggered (L1)	<input checked="" type="checkbox"/>	Refer to care plan under MOBILITY. Macular degeneration, OA, new to facility, low mood,
3 Activities of Daily Living	Facilitate Improvement (L2)	<input checked="" type="checkbox"/>	Refer to care plan under PERSONAL CARE. ADL Hierachy = 2/6, ADL SF = 2/16, ADL LF = 4/28, Diabetes, OA, Macular degeneration, hearing impaired, peripheral neuropathy, sliding hiatus hernia
6 Physical Restraints		<input type="checkbox"/>	
7 Cognitive Loss		<input checked="" type="checkbox"/>	Refer to care plan under DIVERSIONAL THERAPY to encourage participation in activities which will promote cognitive function, mild STML, CPS = 2/6

Step 7: Use the CAPs Manual (the orange book) to help you to arrive at a plan of care for each triggered CAP. The information provided in the CAPs Manual focuses on the clinical concerns and strategies that lead to positive outcomes for your clients.



Step 8: Remember to print the Assessment Summary page report each assessment.

MOMENTUM HEALTHWARE View a Historical MDS

Home | Help | Logout

Resident Search Resident Overview ADT Forms Care

History And Physical Next Assessment
03/01/2015 - LTCF Assessment

Risk Management and Safety
MDS New Assessment Delete Selected

View Most Recent MDS
View Current CAPs and Trends
View Current QIs
View Current Outcomes and Trends
View a Historical MDS
Print LTC MDS
Assessment Summary
InterRAI Suite Trend
Client Summary Report Print Assessment Summary
Print MDS Comments
Complete a New MDS
Print CAPS
MDS 2.0 Trend

View	Reference Date
View	13/07/2016
View	13/07/2016
View	07/07/2014
View	06/07/2014

Assessment Summary

123.0033Nadya, Test - NHI: NSA0001
 NZ Long Term Care Testing Facility
 LTCF Assessment version 9.3 (Discontinued)
 Entered by: Wheeler, Lynda

Assessment Protocol	Triggered	Care Planned	Assessment Summary
1. Physical Activities Promotion			
3. Activities of Daily Living			