

Guide to Coding IADLs and ADLs

IADLs	Coding Definition	ADLs
No help set up or supervision	0. Independent	No physical assistance set up or supervision
Activity undertaken by a support person, that occurs before the task to allow the task to occur	1. Set up help only	Activity undertaken by a support person, that occurs before the task to allow the task to occur
Oversight/prompting (cueing)	2. Supervision	Oversight/prompting (cueing)
Help required on some occasions	3. Limited assistance	Requires guided manoeuvring of limbs, physical guidance without taking weight
Help required throughout the task, but performs 50% or more of task (sub-tasks) on own	4. Extensive Assistance	Weight-bearing support by one helper, where the person still performs 50 % or more of the sub-tasks
Help required throughout the task, but performs less than 50% of task (sub-tasks) on own	5. Maximal Assistance	Weight-bearing support by two or more helpers, OR weight-bearing support for more than 50% of subtasks
Activity occurred but no participation by the assessed person	6. Total Dependence	Activity occurred, but no participation by the assessed person
Activity did not occur	8. Activity did not occur	Activity did not occur