

interRAI New Zealand – Future Direction 2016-2019

What is interRAI

The term interRAI refers to both the international organisation responsible for developing comprehensive clinical assessment systems and the suite of clinical assessment tools available.

interRAI is a not for profit organisation consisting of a collaborative network of clinicians and researchers on over 30 countries. interRAI international has a royalty free licence with New Zealand.

Each tool in the interRAI suite is developed for a specific population. The tools are standardised assessments designed to work together to form an integrated health information system.

interRAI in New Zealand

In 2003, the New Zealand Best Practice Guidelines *Assessment Processes for Older People* identified the interRAI assessments as the best assessment tools to meet the objectives in the 2002 *Health of Older People Strategy*.

In 2004, five District Health Boards (DHBs) piloted the interRAI home care assessment to identify implementation requirements.

In 2007, all DHB Chief Executives supported national implementation of the interRAI assessments for home and community.

In 2008, the interRAI National DHB Implementation Project (2008-2012) commenced.

In 2010 the DHBs, in conjunction with the Aged Care Association, agreed to support the voluntary introduction of interRAI assessment in ARC through a project (2011-2015).

In 2012, the Associate Minister of Health announced that interRAI would be the mandatory assessment to inform a resident's care plan for all ARC providers from July 2015.

New Zealand is now the first country in the world to have use of these home and community, and residential care tools nationwide. This quality, consistent approach to care planning for older people provides a solid platform to further enhance services delivered in our communities.

What are the benefits of interRAI

interRAI tools are internationally validated and share a common language; that is, they refer to the same clinical concepts in the same way across different tools. Using common measures enables clinicians and providers in different care settings to improve continuity of care and to integrate the care and supports needed for each individual.

The interRAI software displays information for clinical decision making and care planning. It highlights opportunities for improvement for the person and potential areas of decline and focuses on the creation of individualised care plans, which can lead to improved health outcomes.

The assessment software allows for the information captured to be collected once and used many times. The single national software platform means assessments can take place at the older person's current point of care and move with them to different care settings.

The data from each assessment may be aggregated to provide a range of outputs such as; clinical decision support tools, case-mix classification systems, quality improvement and benchmarking, monitoring measures, and screening algorithms to target priority groups or identify groups that are at relative risk of adverse outcomes.

interRAI New Zealand Governance Board

The Director-General of Health appointed the interRAI NZ Governance Board (the Board) to support the vision for interRAI in New Zealand. The Board is a governance board under the authority given to it by the Ministry of Health under the licence with interRAI international.

The primary purpose of the Board is

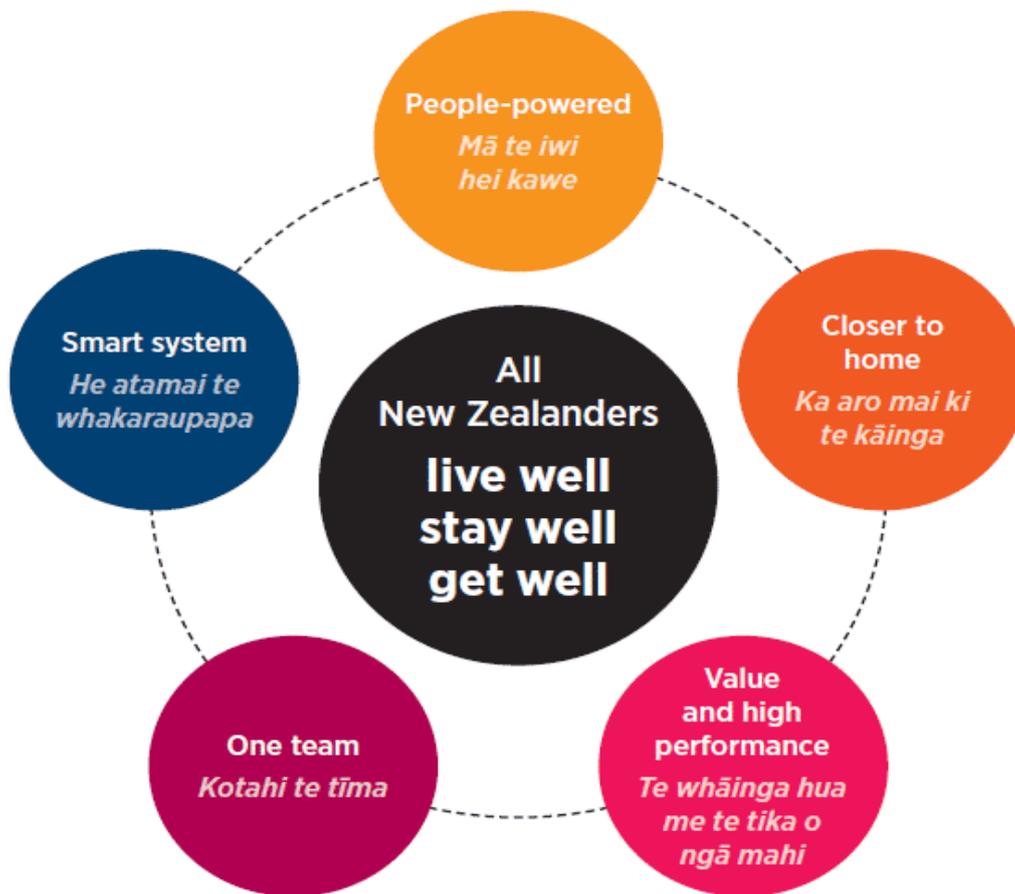
'The Governance Board members have been appointed by the Director-General of Health to provide leadership and oversight to interRAI New Zealand (interRAI NZ) to ensure the continuous improvement of health outcomes for New Zealanders as they age, and the effectiveness and efficiency of our health system by guiding and leading the use of interRAI instruments and the dissemination and use of interRAI information.

The Governance Board is a governance group with the authority to give direction and provide strategic governance for interRAI from a clinical, operational, and consumer perspective. The interRAI Governance Board will take strategic direction from the New Zealand Health Strategy and the Health of Older Persons Strategy.

New Zealand Health Strategy – Future Direction

The New Zealand Health Strategy was refreshed and published in April 2016. This is the first refresh of the New Zealand Health Strategy since 2000, it sets the direction for development during the next 10 years.

The strategy has five interconnected strategic themes as shown below:



interRAI is a key tool to be used in working towards the vision for health in New Zealand and supporting implementation across the five strategic themes.

interRAI NZ – Future Direction

The interRAI NZ – Future Direction is a three year rolling strategic plan which will be updated each year. The Future Direction is based on the five strategic themes of the refreshed New Zealand Health Strategy and how interRAI can support the implementation of the strategy.

This three year plan is supported by the following key documents:

- MoU and Outcome Agreement with the MoH – Providing a national interRAI Service
- MoU between the interRAI NZ Governance Board and MoH
- interRAI Services Business Plan 2016/17

The interRAI NZ – Future Direction 2016 -2019 is described below in a one page format.

All New Zealanders live well, stay well, get well in a system that is people powered, provides services closer to home, is designed for value and high performance and works as one team in a smart system – New Zealand Health Strategy 2016

People Powered	Closer to Home	Value and High Performance	One Team	Smart System
Making New Zealanders ‘health smart’ Enabling individuals to make choices Understanding people’s needs and preferences Supporting people to navigate the system	Providing care closer to where people live Integrating and making better connections Promoting wellness and preventing long term conditions Investing in health and wellbeing early	Striving for equitable outcomes Measuring performance well Building a culture of performance and quality improvement Using investment approaches to address complex health issues	Operating as a team in a high trust system Using our workforce in the most effective way Strengthening the roles of family, whanau and communities Collaborating with researchers	Taking advantage of new and emerging technologies Having data and smart systems that improve evidence based decisions Reliable, accurate information available at point of care Using standardised technology that allows changes easily and efficiently
To continuously improve health outcomes for New Zealanders as they age and the effectiveness and efficiency of our health system by guiding and leading the use of interRAI instruments and the dissemination and use of interRAI information – interRAI Vision				
BETTER ASSESSMENT, BETTER CARE, BETTER OUTCOMES – interRAI Mission				
12 months <ul style="list-style-type: none"> actionable information from interRAI data will facilitate better understanding of older people’s needs interRAI data will be used to determine What works for older people? and Why? 	<ul style="list-style-type: none"> strategic partnerships that support the provision of integrated services for health service users established capability and capacity for health professionals to deliver services where needed increased 	<ul style="list-style-type: none"> interRAI is viewed as the optimum tool for delivering increased value for older people an evidence based approach to service development using interRAI data is embedded interRAI data reporting is visible, available and valued interRAI is providing effective value for money stakeholder input is sought and valued in the development of interRAI 	<ul style="list-style-type: none"> interRAI training is flexible, responsive, accessible and available for all who seek it a framework and guidance for the governance of current and new interRAI assessment tools in place a position statement about the relationship between interRAI and case mix published 	<ul style="list-style-type: none"> interRAI tools support shared learning and promote knowledge and innovation to deliver better outcomes interRAI information is used to inform national policy insights from interRAI data provide new perspectives that can be linked to current knowledge process for review of interRAI software provider underway
24 months <ul style="list-style-type: none"> a redeveloped interRAI Maori strategy in place consumers are able to access summary interRAI information via a patient portal 	<ul style="list-style-type: none"> interRAI information easily available to a wider group of clinicians (including Primary Care) interRAI is interoperable with a range of systems across the wider social sector 	<ul style="list-style-type: none"> structured process in place for future expansion of interRAI to new care settings national interRAI quality indicators in place in place informing and adding value to older peoples services 	<ul style="list-style-type: none"> relationships with research organisations in place to foster research using interRAI data and interRAI tools interRAI education and support expanded across the care planning process 	<ul style="list-style-type: none"> interRAI is seen as an effective, smart system to support co-ordination and communication between health professionals the benefit of linking interRAI data with other data sets is evident
36 months <ul style="list-style-type: none"> assessment practice for older people meets best practice standards further exploration of the Self Reported Quality of Life tool underway 	<ul style="list-style-type: none"> exploration of the interRAI Care Giver assessment underway 	<ul style="list-style-type: none"> interRAI data used to test scenarios and develop micro simulations for the future interRAI data integrity mechanisms are enhanced 	<ul style="list-style-type: none"> professionals across the social sector are aware of the use of interRAI as a comprehensive clinical assessment interRAI data and tools are used wherever available to inform research activity 	<ul style="list-style-type: none"> exploration of the relationship between the national health record and interRAI underway interRAI software is more responsive and has greater functionality