

# Older people assessed by interRAI, Central Region – July to September 2018

One of the ways DHBs help older people get the right support at the right time, is to have a health professional complete an assessment of a person's health and wellbeing. This assessment is known as an interRAI assessment.

The information in this infographic is from interRAI Home Care assessments for people living at home in the community.

We publish the interRAI Home Care assessment results to encourage health professionals, community groups, and family/whānau to check in with older people and see how they are doing.

## Notes:

2151 interRAI Home Care assessments were completed.

\* Based on taking longer than 10 seconds to walk 4 metres (timed 4m walk)

\*\* Exercise that would be considered moderate intensity such as attending a walking group or exercise class

