Characteristics of older people in the South Island Region January to March 2020

This infographic summarises some of the information collected from the interRAI comprehensive clinical assessment. This information may be useful to help older people living in the community get the right assistance at the right time.

1,969 interRAI Home Care assessments were completed

- 24% report feeling lonely
- 27% of informal carers express feelings of distress, anger or depression
- 63% have the potential to do more things for themselves like showering, eating, walking
- 45% have the potential to do more things for themselves like showering, eating, walking
- 44% have either a medium or high risk of a future fall
- 22% have cognitive difficulties with everyday decisions such as when to get up, remembering to take their medicines, what clothes to wear, or using a walking frame when leaving the house
- 31% have a diagnosis of dementia
- 58% have Enduring Power of Attorney (EPOA)
- 30% have a CHESS score of 3, 4 or 5. This indicates moderate to high level of health instability.
- 6% have a documented Advance Care Plan (ACP)
- 6% have either a medium or high risk of a future fall
- 48% live alone
- 16% have threatened independence
- 4% of the population aged 65 years or over are Māori (census data)
- 2% (48 assessments) of interRAI assessments for people aged 65 years or over were for Māori

Notes:
The data represents only those older people who have had an interRAI Home Care assessment during January to March 2020 for the South Island Region DHBs.

Footnotes:
1. MAPLe value is (5) Very high priority. MAPLe is an algorithm that assigns a priority level.
2. The Activities of Daily Living (ADL) CAP is triggered at level 1 or 2.
3. Cognitive skills for daily decision making values are (3) Moderately impaired, or (4) Severely impaired.
4. Dementia total (Alzheimer’s Disease and/or Dementia other), either primary diagnosis or otherwise present

Acknowledgement of the Central Region Benchmarking group who developed the infographic design.