

inside interRAI
news for your professional development

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Welcome

This is the first edition of our new newsletter for people working with interRAI, assessors, clinicians and managers.

interRAI Services is going to email you every two months with help and advice to support you and your professional development.

We are keen to hear from you. What would you like to read in *Inside interRAI*? Email us your thoughts and ideas at interrai@dhbsharedservices.health.nz

Michele McCreadie

General Manager, interRAI Services



Top tip: Activities of daily living (Self-Performance)

What is the difference in Limited Assistance, Extensive Assistance and Maximal Assistance?

When coding ADL consider: the person's performance, support provided by others, pattern of performance over 3 days.

Pay attention to what others do to assist the person – what is the amount and type of assistance provided by others during individual episodes of ADL performance?

Limited Assistance – describes all **non-weight bearing support** provided to the person. This can be help throughout the whole task.

To be able to code either **Extensive Assistance** or **Maximal Assistance** there must be **weight bearing support** by at least one person.

- Download our practical flowchart [from the interRAI website](#) (PDF)
- The guide for coding ADL [is also on the website](#) (PDF)



Evaluation support

Contact AISsupport@dhbss.health.nz

interRAI Software Support

Southern and Northern DHB regions (CDHB)

Ring: 03 378 6555

Email: interRAIservicedesk@cdhb.govt.nz

Central and Midland DHB regions (TDHB)

Ring: 06 753 7766

Email: IT.servicedesk@tdhb.org.nz

Contact Us

Ring: 0800 10 80 44 • Email: interrai@dhbsharedservices.health.nz

To book a course visit our website at: www.interrai.co.nz/register-for-training

New on interRAI.co.nz

- [2015/16 interRAI Annual Data Report](#) – an interesting read if you would like to know what we can do with the data from all those assessments
- [interRAI Informer issue 12](#) – more interRAI news
- [Minimum hardware specs document](#)
- [Which manuals to buy](#)



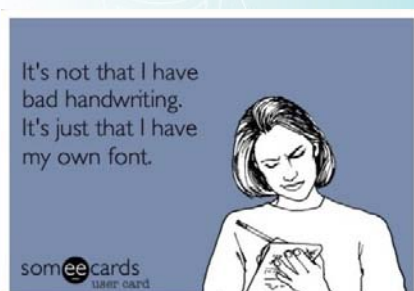
Replacing interRAI manuals

Please remember that interRAI manuals (the orange and blue books) belong to your office or facility, not to you as an assessor.

In the past, we gave out new manuals during each training. Sadly, we are not in a position to do so anymore. We will still hand out workbooks and manuals at our courses, but will have to ask for the manuals to come back once the course is completed. Altogether, we handed out 5000 manuals to the sector over the last few years, so there should be many available.

Replacement manuals are available to buy from the interRAI International website at www.interrai.org

Not sure which version you need? Have a look at [our overview on the interRAI NZ website](#).



Do you have your own font?

Please spare a thought for our colleagues who decipher handwritten forms, and write legibly.

Upcoming Dates

- interRAI presentation at Population Association of New Zealand's 2017 conference, 24/25 July 2017, Rydges Latimer, Christchurch
- interRAI stand and drop-in clinic at SelwynCare Conference, 24 August 2017, Auckland
- interRAI exhibition stand and talk at the NZACA Conference, 5-7 September 2017, Rotorua

To see upcoming training dates and to request interRAI training, visit our website at www.interrai.co.nz/register-for-training



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